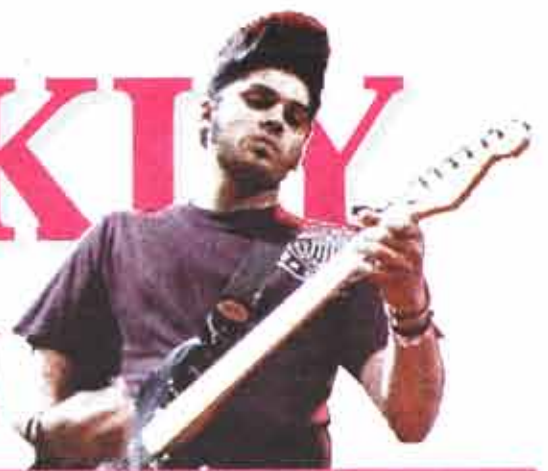


The tie that binds since 1926

# THE CORD WEEKLY

Dr. Phil and the Battle of the Bulge -  
a Cord Feature... Page 12

Try honesty with Billy  
Talent... Page 24



Volume 45 Issue 7

Wednesday October 6, 2004

www.clublaurier.ca

## WUSC refugee expected Nov 1

**Burmese  
refugee was  
supposed to  
arrive in August**

**KAELYN KOEPKE**  
Cord News

Sunni, a refugee student from Burma, is expected to join the Laurier community as of November 1, 2004 through the World University Service of Canada (WUSC).

Sunni was originally planning to arrive in August in enough time to begin the Fall term. However, it has become increasingly difficult for refugees to travel within and out of Thailand - where Sunni currently seeks refuge. Thailand is not a signatory to the United Nations' 1951 Convention Related to the Status of Refugees. Therefore, the hundreds of thousands of refugees from neighbouring Burma are at risk of being deported.

Violence and human rights violations have been on the rise in Burma since the State Law and Order Restoration Council (SLORC) took power in 1962. In 1988, demonstrations against the SLORC took place which ended in state sanctioned open fire upon the demonstrators. With interna-

tional pressure, a democratic election was held where Aung San Suu Kyi of the National League for Democracy was elected. However, the SLORC did not honour the results of this election and remains in power under the title, State Peace and Development Council.

Human rights violations under this regime have included forced labour and relocation, trafficking of women, forced conscription and frequent arrests. The Canadian High Commission and Jesuit Refugee Services in Bangkok, Thailand, are currently working tirelessly to ensure that Sunni arrives in Canada in plenty of time to begin classes at the beginning of the winter term.

**The hundreds of  
thousands of  
refugees from Burma  
are at risk of being  
deported.**

Hser Tae Kay, a current student at Laurier arrived last Christmas through this program and is currently studying Global Studies. Kay hopes that his education will empower him to return to the Burmese-Thai border with the resources and skills

- Please see **WUSC**, page 3

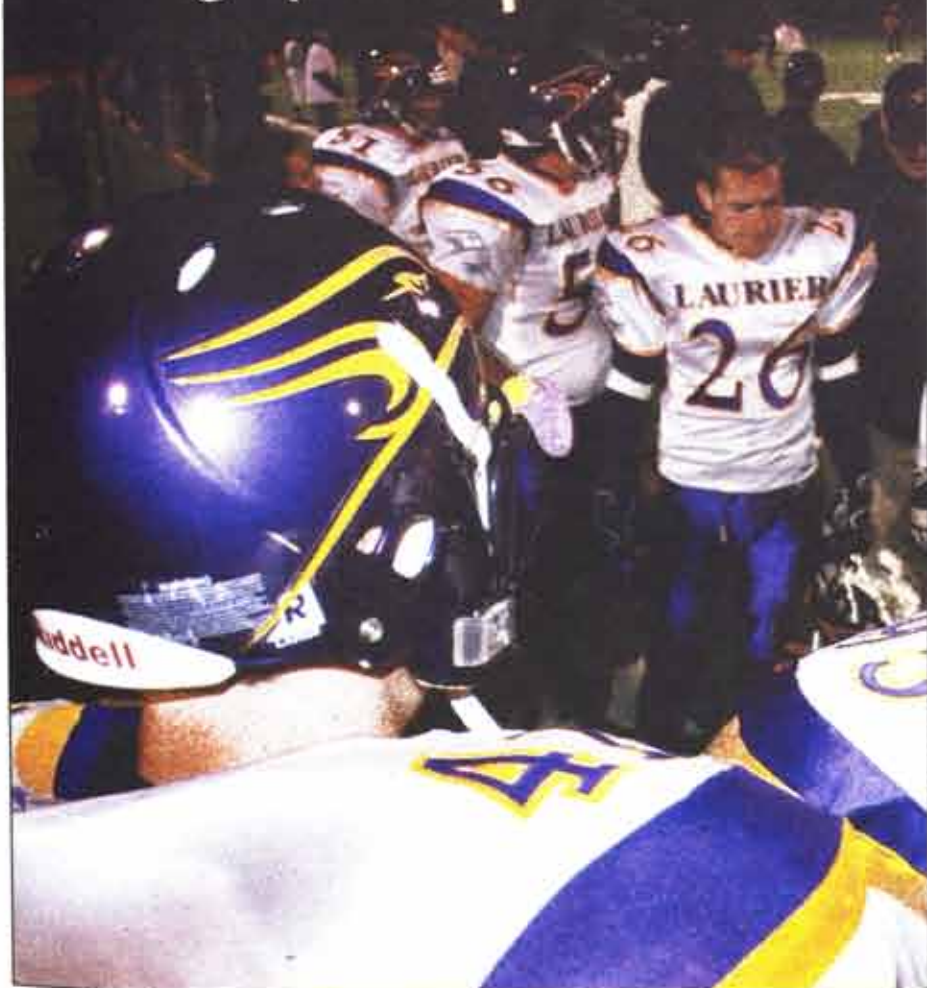
## A different kind of support



Fraser King

Members of the unofficial Steve Welker Fan Club showed their support for the WLUSU President last Wednesday night at the WLUSU Board meeting toting a Texas Mickey of rum and another empty bottle of booze along with a hastily drawn sign (above). This comes after VP of University Affairs, Anthony Piscitelli, brought forward information regarding Welker drinking on the annual Dean's Trip; possibly violating WLUSU policy. The incident is under investigation.

## Moving up: number two in CIS



Erin Moore

The Battle of Waterloo turned out to be less of a battle and more of a trouncing, as the Golden Hawks defeated the University of Waterloo Warriors with a score of 44-3. They rank number two in Canada.

## Hawks beat UW

**BRYAN SHINN**  
Sports Editor

Although close in proximity, the Waterloo Warriors and Laurier Golden Hawks are separated by mountains on the football field. Such disparity was on display last Saturday, as the Hawks cruised to victory over their University Avenue neighbours.

Playing as visitors in the shared facility, the Hawks looked very much at home eventually beating the Warriors 44-3 to remain atop the Ontario standings. And while the presence of a Golden Hawk at mid-field and a predominantly purple and gold crowd are unusual and favourable amenities for a Hawks visiting team, the squad marched to victory because of one reason: dominance.

- Please see **Dominance**, page 16



One more  
place to  
get your  
Tim's on  
campus -  
full story  
on Page 3

## Inside this week's CORD

New Brantford Campus Council	page 2
The John Kerry debate	page 11
St. Mike's Campus unfit for learning	page 14
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Crossword and last week's answers	page 20



# Brantford goes demo-crazy

## WLUSU assists in implementation of Laurier Brantford's first student-elected Campus Council

ADRIAN MA  
Staff Writer

The first-ever Campus Council at Laurier Brantford will be elected in late October. The Brantford Campus has been in operation since 1999, and for a half-decade the issues of Brantford students have been delegated to student representatives based in Waterloo.

The Chair of WLUSU's Board of Directors, Lyndsey Jones, is optimistic that a com-

mittee in Brantford will improve efficiency when it comes to dealing with the concerns of Brantford students.

"I think [the students] will be able to see a lot more action, a lot quicker on their campus," says Jones.

Elections have been a part of Laurier's Waterloo campus for many years, even before the incorporation of the Students' Union in 1975. Jones believes that this kind of self-determination will be an asset to the

Brantford student body.

"They're students here too, so they should have personal contact with their elected representatives, and this upcoming election will ensure that for them."

**"They're students here too, so they should have personal contact with their elected representatives."**

- Lyndsey Jones, Chair of the WLUSU Board of Directors

Rather than having to deal with the Waterloo Students' Union initially, the new govern-

ment will allow students to address their issues to their Campus Council, who will have direct communication with the Campus Commissioner.

Sara Neziol, the current Brantford Campus Commissioner, is looking forward to the formation of the committee, noting that "[the] students and faculty at the Brantford campus are excited to see the election take place."

The elections will be held on Thursday, October 28 at the Carnegie Building. For those interested in witnessing the launch of Brantford's new era of student democracy, contact bod@wlu.ca for information about transportation to the event.

## Attempts made to drop legal drinking age

STEPHANIE VOLLUCK  
Cord News

War, gambling, driving, university, voting: if you're 18 and a legal adult, society expects you to handle it. Drinking, on the other hand, is illegal for one more year. These are some of the reasons why WLUSU is lobbying to lower the drinking age.

Anthony Piscitelli, Vice President: University Affairs of WLUSU, has been thinking about the issue of lowering the drinking age for the last year. "It's something that affects the students here, and I feel that it's the responsibility of the student government to represent them in this."

"There are three main reasons the drinking age should be lower," Piscitelli pointed out. The first reason being that, "The drinking age should reflect the age of the majority of university students. The age of first-year students has been reduced to 18 and the drinking age should correspond." The second reason is that underage university students are inclined to attend off-campus keg parties. This is a dangerous environment for first-year students who would be safer in licensed bars or clubs.

**"The drinking age should reflect the age of the majority of university students."**

- Anthony Piscitelli,  
WLUSU VP: University Affairs

"There is a positive correlation between an increased drinking age, and increased underground drinking. Underground drinking is one of the largest causes of incidents such as alcohol poisoning and date rape," explained Tiffany Strobel, WLUSU Director.

The third reason according to Piscitelli is that illegal drug use is more likely in a place with an elevated drinking age.

"There is a positive correlation between increased drinking age, and increased use of marijuana, and other illegal drugs," added Strobel.

Piscitelli admits that WLUSU is only in the beginning stages and it could be five to 10 years before they see results. Right now the main objective is to raise awareness on campus and in the Kitchener-Waterloo area.

Later in October he is planning on starting a petition signed by students. "I believe at this time we are hoping to get 1,500 signatures, and we are going to try to get other universities on board with us," said Strobel.

Piscitelli hopes a member of provincial parliament will read it in the Ontario Legislature. He also intends on drafting a letter to Minister of Consumer and Business Affairs, Jim Watson.

Opposition has not presented itself yet, but Piscitelli anticipates that Mothers Against Drunk Driving will be an adversary. MADD is currently trying to raise the drinking age to 21.

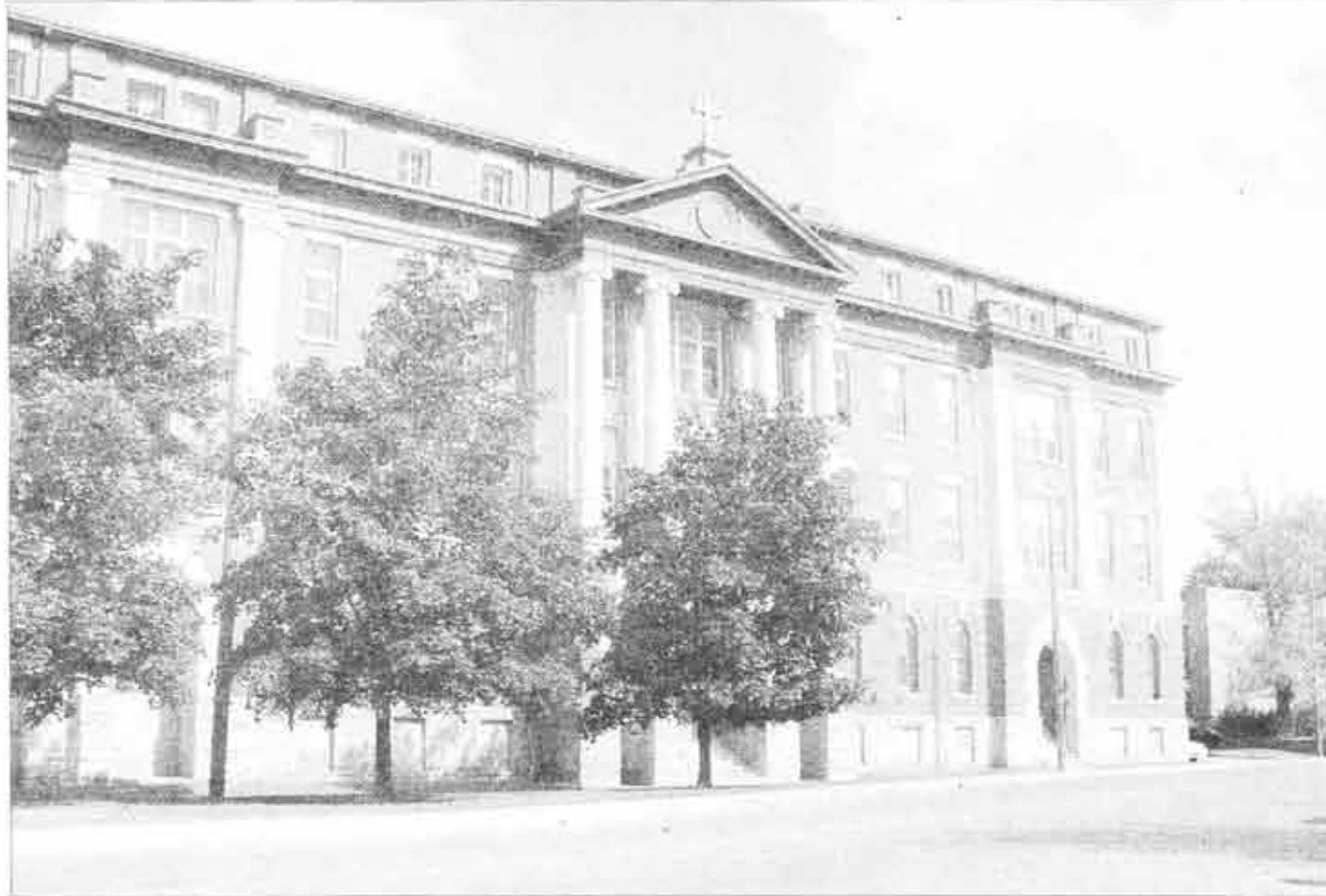
# Funding rolls in for Social Work locale

## Social Work to relocate to former St. Jerome's High School in Kitchener, 2006

BLAIR FORSYTH-STARK  
Staff Writer

Plans to move Wilfrid Laurier's Faculty of Social Work to an old high school in downtown Kitchener are now underway. The historic St. Jerome's high school, once renovated, will serve as the new home to approximately 250 graduate students and 53 full- and part-time faculty.

"We are very excited about our move into Kitchener's downtown," said Luke Fusco, Dean of



April Cunningham

Despite the modest academic appearance of former St. Jerome's High School, the inside is littered with debris and the \$11 million cost to the residents of the KW area is more than justified.

presence in a new community," indicated Fusco.

The renovations of St. Jerome's, which are set to begin in January 2005, are expected to cost approximately \$11 million. Several KW residents and businesses have showed their support for the project by offering monetary donations.

One significant donation was that of The Lyle Shantz Hallman Foundation, which supports com-

munity initiatives that provide for the needs of children and families. The Foundation's donation of \$2 million was recognized by naming the Faculty after the organization.

"This extraordinary history of giving from the Hallman's and the naming of the Faculty represent a significant milestone for both the Faculty of Social Work and the University," said Dr. Robert G. Rosehart, Laurier

President and Vice-Chancellor, in a Laurier news release.

"We are extremely grateful for their tremendous and continuing support," continued Rosehart.

"We're pleased that people want to support us. The alumni are excited about the move," said Fusco.

The renovations are expected to be completed by June or July 2006 and will open to students September 2006.

**"We are extremely grateful for their tremendous and continued support."**

- Dr. Robert Rosehart,  
President and Vice Chancellor

the Faculty of Social Work, in a Wilfrid Laurier University news release.

In addition to the added space that will help current programs expand, the move will also help to establish "the University's

and other unique visual features. It is tactile, to assist the visually impaired, and features the Haida-inspired art of Canadian Bill Reid.

### TUBERCULOSIS HITS UNIVERSITY OF WINDSOR

After a student at the University of Windsor was identified to have contracted Tuberculosis, local Health Unit authorities began an investigation to identify people who may have been exposed to the infection. Students who attended the same classes as the victim have been asked to take part in screening clinics. Tuberculosis is a chronic bacterial upper respiratory infec-

tion that affects the lungs and causes one to experience unexplained weight loss, fatigue, chest pain and the coughing up of blood. It can be fatal.

### NEW GRANT FUND OPEN

Applications for the WLUSU Grant Fund are now available. Funding can be provided for students who wish to support a broad range of projects such as film, theatre, research, foreign exchange or sports. Applications are due October 14 at 4:00 pm after which time applications are reviewed on an as-needed basis. For more info visit [www.wlusu.com](http://www.wlusu.com).

### MURDERER ON THE LOOSE

Police are looking for 48-year-old John Steele, who was convicted of manslaughter in Kitchener in April of 1999. The offender, who was said to be "violent and dangerous" in a Toronto Police Service news release, has been missing since a Canada Wide Warrant of Apprehension and Suspension of Statutory Release was issued September 7. Steele is white, 5'9", 150 lbs, black hair and tattoos on both arms. Call Crime Stoppers at 1-800-222-TIPS with any info.

Compiled by April Cunningham

## News Bites

### NEW BILL IN CIRCULATION

Canadians will be seeing more of the new and improved \$20 bill after its release on September 29. The bank note boasts several new security features including a holographic stripe, a watermark image that can be seen on both sides only while held up to light,





# THE CORD WEEKLY'S...

## 5 DAY ACTION NEWS WEATHER FORECAST



# New Tim's at King St. Residence

**LOUISE KADDOUR**  
Cord News

For a morning shot of caffeine without the lineup, students can make their way to the new Tim Horton's located inside the King St. Residence. Baking the products for all five campus Tim Horton's, this new franchise also features a full service deli, waffles and a wide selection of convenience items. It is now open to all Laurier students and faculty and accepts the OneCard.

Rob Sexton, Food Service Director, explains that this \$250,000-plus franchise has been a long process that three months ago only consisted of exterior walls. Sexton, along with Stacy Burr, Associate Food Service Director, Dan Dawson, General Manager of Student Services, and Martin Illingworth, Tim Horton's Supervisor, are the people responsible for launching the new Tim Horton's.

With the well-known motto of "Always Fresh," Sexton says this new outlet will surely deliver, "the benefit of being able to bake our own product, not only saving on food costs, but being able to offer better products, fresher



Erin Moore

Students will now have a much better selection and more variety when visiting Tim Horton's - diets be damned! Eat pastries!

# Burmese improve life

WUSC from cover

necessary to work with other Burmese refugees to better their situations.

Kay describes his greatest difficulty in adjusting to Canadian culture as the lack of community in comparison with his lifestyle back home. Also, despite having a working knowledge of English, he does admit to experiencing barriers in communication. Kay comments that a characteristic that does strike him about Canada in comparison with his life in Thailand is his freedom to travel within the country and speak freely without surveillance.

WUSC is a nation-wide organization that seeks to promote awareness about international issues and a large component of its work is devoted to the sponsorship of refugee students. Students apply for the refugee

products, more variety, customer service."

"It is going to have huge dividends for our guests and for Food Services," Sexton says.

In the past, Laurier's Tim Horton's outlets were not able to bake their own products because of a lack of facilities. The products were purchased from a franchise in Downtown Kitchener, with deliveries made only twice a day. With new ovens and much more frequent baking, "the selection that we're offering will be much better and there will be more variety," Sexton boasts.

This Tim Horton's, complete with a lounge similar to the one in the Concourse, is divided into two parts. On one side within the store are the products Tim Horton's is known for - the coffee, the donuts and the Timbits, while the other side contains shelves and racks of convenience items, such as toothpaste, bread, milk, chips, hair products and other late night needs.

For a cup of coffee with the jingle that will now prove true, students will hopefully see that "it's always fresh at Tim Horton's."

Today	Thursday	Friday	Saturday	Sunday
<b>Afternoon:</b>  Sunny/20°C 0% POP	 Mainly Sunny High 22°C - Low 7°C 0% POP	 Scattered Showers High 21°C - Low 10°C 40% POP	 Variable Clouds High 18°C - Low 8°C 30% POP	 Sunny High 10°C - Low 5°C 0% POP
<b>Evening:</b>  Clear/11°C 0% POP				

# Tapping into keggers

## The Cord takes a second look into Keg Parties and the motives of their hosts

**FRASER KING**  
News Editor

What can 10 dollars buy someone under the age of 19 in Waterloo? If it's a Thursday, Friday, or Saturday, it can very likely get you an unlimited supply of alcohol for the night. Unfortunately, it can also get an underage party-goer into some trouble. The prominence of keggers at Laurier may have been augmented by the influx of grade 12 graduates exempt from the OAC program.

The reasons are clear for people to attend a kegger, but the impetus as to why someone would host a kegger are not as apparent. There are two primary benefits for organising a kegger.

Social gain is a big bonus, "its an awesome way of getting your buddies together and having a party at your own house and meeting new people without having the typical bar perception where people think you're trying to pick them up," explained Roman Soler, an organiser of local keggers. The second reason for organising a kegger is financial. "Money is also a factor," he says. "People typically pay \$10 to drink as much as they choose,

which compared to going to the bar or any social drinking events is relatively cheap," said Soler. Keggers can produce up to \$200 per keg of beer.

While the motivations are compelling, there are inherent risks associated with such a large gathering of people. Soler explains that the police are often a factor and concern, and if they show up the consequences depend entirely on "the officer and the situation."

**"You try to serve the beer in moderation so that people don't get extremely intoxicated."**

- Roman Soler, Keg Organiser

Another concern with organising a kegger is the possibility of having the kegs run dry before the crowd has had its' collective fill. Soler noted "you try to serve the beer in moderation so that people don't get extremely intoxicated and the beer can [usually] last until nearly the end."

Soler also noted there are ways of dealing with a lack of beer. "For example when we ran out of beer and some friends just came, we took out some bottles of wine."

"At well organized keggers people should be getting their money's worth," said Soler, it seems that the organisers also do.

with files from Robert Bennett

# CORD clippings

## NATIONAL

CBC News reports that Canadian authorities are investigating a possible link between the United Nations and Hamas, a group which is considered a terrorist organization by the Canadian Government. The tenuous claim lies in that the UN Relief and Works Agency (UNRWA) employs relief workers that are also members of Hamas. Peter Jensen, Head of the UNRWA, said that "there are Hamas members on the UNRWA payroll."

## PROVINCIAL

The Government of Ontario is planning to cut many programs and jobs, reports *The Toronto Star*. While the exact programs and jobs that are planned to be cut are unknown at this point, Finance Minister Greg Sorbara said that the cuts are being made in order to balance the budget. A review is being undertaken which will reveal which programs are going to be "streamlined" and made more efficient. Critics of the Liberal Government were shocked as the one of the promises made by the Ontario Liberals in order to get into power was that they were going to restore government programs, not eliminate them.

## LOCAL

Ex-Ontario-premier and current Laurier Chancellor Bob Rae has launched a series of town-hall-styled meetings in order to gather people's opinions about post-secondary education. The opinions are intended to aid Rae in the creation of a review of the status of post-secondary education in Ontario. The review is funded by the Ontario Government. More details can be found online at [raereview.on.ca](http://raereview.on.ca).

# End of Summer Beer Blast

## Live Band & Plenty of Kegs

Say goodbye to summer, fall is almost here. This is your last chance to drink yourself retarded in someone else's backyard without turning your nipples into iceicles. Instead of waiting in line at Philthy's, come up the hill and party with us!

**Jello shooters for 1st 100 women**

**Saturday, September 25**  
Kegs Tapped at 9

**223 Erb St. West**  
Corner of Westmount

For More Info  
email: [ErbStKegger@yahoo.ca](mailto:ErbStKegger@yahoo.ca)  
page (Mike): 581-1640  
call (Josh): 721-4847

Courtesy Res Life

This poster advertising a keg party was posted illegally in various residences across campus. Too bad if you missed this one.

## Cord Action News Hotline?!



## THE CORD WEEKLY

IS A



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# Bag O' CRIME

## MEDICAL ASSIST

11:50pm, Monday September 27

Officers assisted a non WLU male who was experiencing abdominal pains outside the Science Building. The individual declined calling for an ambulance.

## MISCHIEF

Wednesday September 29

A student reported inappropriate graffiti scratched into the wall of a stall in the mens' washroom on the second floor of the Arts C Wing. PP&P were notified and requested to remove the graffiti.

## THEFT UNDER \$5000

Thursday September 30

Athletics staff reported the theft of some stereo components from the gym at the Northdale Campus.

## FIRE DEPT RESPONSE

9:06pm, Thursday September 30

Waterloo Fire Dept responded to an alarm at Conrad Hall. There was no sign of smoke or fire. It was determined that the alarm was activated by popcorn being cooked in a microwave oven.

## FIRE

11:00pm, Friday October 1

Officers extinguished a smoldering fire around a rock on the front lawn at 209 Regina. It is unknown what caused the fire.

## MISCHIEF

1:55am, Sunday October 3

Sometime during the night person(s) unknown discharged fire extinguishers in Conrad Hall, Little House & Willison Hall.

## MISCHIEF

October 3 - October 4

Person(s) unknown spray painted the directory sign outside the Athletic Complex and a parking lot sign in lot 17.

## ASSIST POLICE

October 1 - October 2

On Friday & Saturday nights officers attended with Regional Police at three off campus addresses dealing with keg parties.

## Last Week's Crimes:

## POSSESSION STOLEN PROPERTY

12:00pm, Monday September 20

A male WLU student was found to be in possession of a parking permit that had been reported stolen. The matter will be sent to the Judicial Affairs Council.

## THEFT UNDER \$5000

September 17 - September 20

Person(s) unknown stole the University sign at the Northdale Campus.

# Around this time in Laurier History

## OCTOBER 7, 1976

### UW's student paper shut down

University of Waterloo Federation of Students shut down the student paper, *the Chevron*. The move was in response to allegations of a political organization infiltrating the paper. The Anti-Imperialist Alliance, a known Communist party in Canada at the time, was said to have taken over the paper and its contents. A meeting was held where water balloons were thrown at AIA speakers, and it was decided that a smaller Federation paper *The Other Voice* would run until the fate of *The Chevron* was decided.

## ATTEMPT BREAK & ENTER

September 17 - September 21

A faculty member reported that sometime between the above noted dates person(s) unknown attempted to enter her office. The lock had been tampered with and there were visible pry marks. Nothing appears to have been taken.

## SUSPICIOUS PERSON

1:34pm, Tuesday September 21

Officers responded to Bricker Residence after receiving a report that a suspicious looking male was going door to door soliciting money for some sort of Halloween event. A floor by floor search of the building proved negative.

## OCTOBER 1, 1981

### English exam made mandatory for biz kids

Previously only required for Business students, the English Proficiency Exam was made mandatory for all first year students. The exam did not score students with a pass or fail, but rated them against other students from lowest to highest. Low scoring students were required to take an English course to bring up English proficiency.

Compiled by Adriana Bell

## OCTOBER 5, 1989

### Backlash to panty raids

Annual residence panty raids caused an uproar amongst students and staff. Male students raided female dorms, stole undergarments, attached them to posters and proudly displayed them in the Dining Hall for the morning rush. The following night, female students raided the men's dorms and returned the prank. The tradition was well-established but created major backlash as it raised issues of gender inequality, objectification of women, and some even went so far as to call the garments pornographic. Questions were also raised as it was students, not staff, who removed items from the wall.

## DRUGS

0210 HRS SUN SEPT 26/04

WLU officers responded to lot 3 after receiving a report that some individuals were smoking marijuana in the area. One individual was issued with a written trespass notice.

## BREAK, ENTER & THEFT

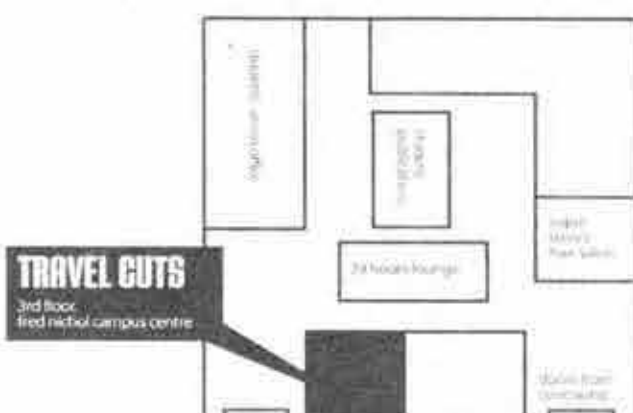
3:30-630pm Friday Sept. 24

A resident at Conestogo House reported that her laptop computer was missing from her residence. It is suspected that the responsible person may have gained entry through an unlocked door.

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Wednesday, October 13th  
on campus!

Time & Location: TBA  
(Please see [www.travelcuts.com](http://www.travelcuts.com) for full details)

For complete talk list or to RSVP go to:  
[www.travelcuts.com](http://www.travelcuts.com)

## HOT OFFERS

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### Week-Old Quote Of The Week

"Yeah Nigga!"  
- April Cunningham to Brandon Currie (both caucasian)

Next Issue: October 14th

## State of the Arts Bldgs.

A satellite campus. A new Faculty of Social Work building in Kitchener. A Northdale campus? And oh yes, the nearby Catholic school turned university academic building...

The University is seeing some pretty fast-paced 'academic sprawl' and the question is quickly becoming... does purchasing new buildings without renovating them to suit university needs really make sense?

The University administration feels that the answer is yes. Or, to be fairer, they feel an elementary school is a suitable place for Arts faculty offices and classrooms.

University President, Dr. Robert Rosehart, has pointed out that St. Michael's Campus (STM) was a short-term solution turned longterm. First meant to ease the load when the Schlegel Centre and library were under construction, this 'Campus' has become a mainstay.

It's tough to understand how the University can put its Arts classes in such dilapidated gymnasiums and glorified hallways at STM while the Business faculty enjoys the flashy, well built Schlegel Centre with only the rare first year lab exception.

As it stands now, no Business

## Our modest proposal

We see them chattering in the trees. We see them rifling through the garbage. We see them flying headlong into windows and worst of all, we see them confront and terrorize students on their daily campus traverses.

Some students have even reportedly seen them grotesquely devouring (possibly having first killed) our campus birds and engaging in hostile confrontations with students on their own front porches.

In fact the recent jump in squirrel, chipmunk and "squirrelmunk" (the most fearsome cross-breed) populations have begun to worry students. It has come to the point where many students are questioning the right of these creatures to exist on our campus. They certainly contribute nothing to the University in terms of student fees or tuition and if anything, they pose a grave security risk to the Laurier community.

Whenever anyone talks about the need to beautify campus and make it more "natural," it's unlikely that they specifically see any value in the bolstered squirrel

## The Editors' View

student is paying more than their equivalently studious Arts student, so why the double standard on teaching environment?

Laptop plugins, swivel seats and solid classroom design or a hard seat on a six-year-olds freethrow line in an echoing gym?

Whiny though it may sound, there is no excuse for students who pay ever-increasing tuition fees, to be assigned substandard classroom space.

Many profs have pointed out that students are increasingly choosing to follow vocationally-minded, and typically better funded, programs like Business while less credentialed-minded students see the ground slip from beneath their feet.

The rickety construction and infantile appearance of STM is quite a telling image of the state of Ontario's post-secondary education environment. Rabid expansion but zero followthrough for quality services and environments.

and chipmunk populations. Keep the ivy growing wild so long as you deal with these irrational, pizza carton-toting-hellions.

It is for these reasons that *The Cord Weekly* Editorial Board feels it is time to put forward 'a modest proposal.'

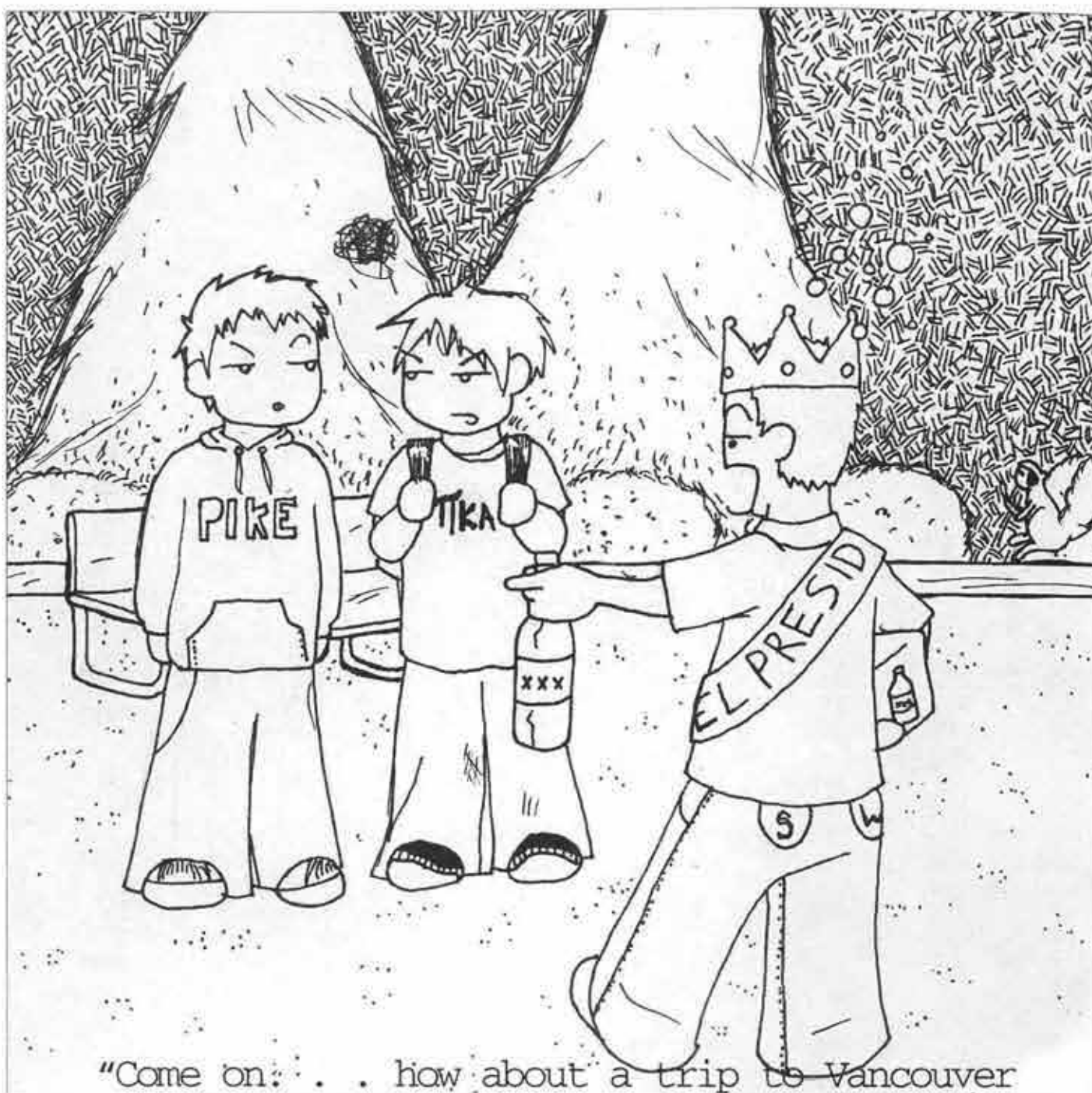
If these disdainful creatures insist on unruly behaviour and refuse to meaningfully contribute to the campus community in their lives, then we can ensure they benefit us in their deaths.

With the near absence of fast-food vendors on campus, we have been told that such rodents are in fact an easily prepared and nutritious delicacy. Whether fried or fricasseed, the squirrelmunk is a treat in many cultures of the world.

WLUSU should replace the painstakingly slow Union Market with the 'quick-on-the-go' Squirrel Wok.

It's time to free Laurier from the shackles of terror and uncertainty and exploit this valuable campus resource.

Are you with us or against us?



"Come on... how about a trip to Vancouver"

## Supersizing freedom's fries

Brandon Currie



Production Manager

I'm a Global Studies student, and I like McDonald's. That's right, I said it.

Yes, I'm talking about the local culture extinguishing, monolithically globalizing, french fry frying Golden Arches.

I'm supposed to know better, right? As a globally-informed individual, I should know that McD's paid unscrupulous Brazilian beef farmers to slash and burn tracts of rainforest to make room for cow pastures, deceived customers with sketchy portion-size and nutritional info and even advertised in *The Cord Weekly*.

As a self-proclaimed moderate leftist who prizes cultural diversity, why am I extolling the virtues of the poster child of indiscriminant globalization?

It dawned on me while in Morocco, dining at a McDonald's in the religious and cultural centre of the nation, Fes. With the oldest Islamic schools in the nation and the world's largest medieval city, it's a metropolis undeniably steeped in tradition.

Expecting the usual ambiance of boiling animal fat and cheap plastic furniture, I was greeted with a musky smell of roasted cedar, soft accented lighting and impeccably clean bathrooms with toilet paper (an alarmingly rare commodity in Moroccan restaurants).

I looked up to see an intricately carved wooden ceiling, comparable to what I had seen in Mosques in the ancient part of the city earlier in the day. Outside were three-tiered terraces overlooking a river gorge, an enormous open-air Playland and bus boys scurrying around to remove your tray.

More surprising still were the



demographics. There was an equal balance of women and men (rare for a public place in Morocco), and the ladies looked to be right out of the pages of *Vogue*. What was veiled and shrouded in the old city was brazenly displayed in tight jeans and Dolce and Gabana.

Then there was the menu. 100 Dirham (\$14 CAD) for a Big Mac Meal? What the hell is a McHalal? Where's the "add bacon for 50 cents" option?

This certainly wasn't the culturally cumbersome cookie-cutter McDonald's that was advertised in the anti-globalization brochure. It catered to local tastes and employed Islamic architecture. It reflected prevailing attitudes of Western culture. Look a little deeper, you'll learn something about religious beliefs, gender relations and socio-economic status.

For instance, it was obvious that the folks in this McDonald's had money. Why was just the upper class eating at McDonald's? Was being 'Western' in Morocco only a matter of affordability? Would all Moroccan women choose plunging necklines and McChickens if given the financial ability?

Well, probably not, but it got me thinking and researching. I found out that I wasn't alone in refuting McDonald's "hamburger hegemony." American anthropologist James Watson goes one step further, calling McDonald's a "socially liberating cultural force," citing Taiwanese McDonald's restaurants that, like in Morocco, are a rare public space not dominated by men.

It comes down to McDonald's ability to 'glocalize' (a trendy Global Studies term that means to

localize that which is global), producing an edible product that tastes like Western culture, but smothered in a special sauce of contextual sensitivity. Even I'll eat broccoli if there's enough cheese on it.

It may just be all salad, I mean, window dressing, but it's effective. More than half of McDonald's profits come from overseas and I'm betting it's not because humans have a primordial love of the Big Mac. There are mutton-based Maharaja Macs in India, McSausages in Germany, McCarnivals in Rio de Janeiro and McSpaghetti in Italy, all of which assimilate the corporation's Western personae into a local framework.

Contrast this with January 1990 when 30,000 Muscovites lined up outside of Russia's first McDonald's to get their first taste of freedom's fries, and you can see that while the McDonald's medium has stayed the same, the message has become far more refined.

The same thing has to happen in international relations. Like McDonald's, we have to contextualize our products when we send them abroad. We have to assimilate our good ideas into their local framework.

We can't expect Asia and the Middle East to embrace our version of liberal democracy, just like we wouldn't expect Indians to eat beef-based Big Macs. Forcing the issue will never work if there's no local legitimacy, but if we can repackage and market it in a way they can relate to, it just may sell like hot cakes.

That's why I'm a Global Studies student, and that's why I like McDonald's. Actually, that's why I'm lovin' it.



# The commodity queer

Marcos Moldes

My So Called Queer Life



One of the many things you gain by working a late night food service job is a special insight into how the mainstream audience perceives gay identity. Being outside of mainstream sexuality, sometimes I forget that there are very basic differences in perspectives and views that stem from our fundamental difference: we're boys who like boys.

While working a busy late night shift at work I met a seemingly harmless girl, for argument's sake I'm going to call her "Kimmy." Kimmy was like many Laurier girls; pretty, blonde and dressed head to toe in contemporary casual clothes that were probably purchased at our local Gap retailer. It is hard to distinguish a particular Kimmy from all the others we have on campus: they all look, dress and sound the same.

The shop was full of loud, drunken university students who were waiting to get some food before they took their respective tricks home for a night of erectile dysfunction and faked orgasms.

"Aren't girls just so complicated?" Kimmy remarked whilst rolling her eyes at her friend who was in the process of being picked up by an equally inebriated male.

Being a little tired and stressed, my inner voice of catty

## Queers lose their sexual identities when they're seen in token terms

sarcasm leaped out before I had a chance to bite my tongue.

"Sorry honey, I'm queer, so I wouldn't really know."

To my surprise, Kimmy perked up in a way that reminded me of a cat's reaction to those 'Pounce' treats.

"Are you really gay?" she asked with giddy bewilderment.

"Yes, I really am," I replied while inwardly cursing my inability to censor myself in public.

"Oh my god! I've been looking for one of you! I really want one of you!" she exclaimed.

"Excuse me? You really want one of us?" I asked, hoping I had misheard her.

"Yeah, you know, like a best gay friend! I think it would be so cool!" Kimmy said with hopeful longing that I would rip off my work clothes and reveal my "best gay friend" T-shirt underneath. Visions of brunches, shopping trips and her inaugural trip to the gay bar danced across her eyes.

Kimmy left without a drunken boy on her arm, but her words stuck with me like one of those stupid Phil's stamps that don't wash off for days. I came to realize how much they bothered me, in one fell swoop she had managed to strip me of my legitimized identity as a gay man and turn it into some sort of "must-have accessory." The "best gay

friend" could have Joan Rivers as a spokesperson and include options for a matching cell phone and make-up case.

Strangely enough this experience has got me thinking of my seminar analysis that I'm writing for class about the 'Commodity Queer' and the use of queer identity to sell products. Our identity is given legitimacy so long as we are saying something catty, being campy and of course not actually having sex or kissing another man: that would be scandalous!

**"Yeah, you know, like a best gay friend! I think it would be so cool"**

- "Kimmy", drunk blonde

We can be gay so long as we don't demand equal rights or the same protection under the law as others. We can be gay if we are white men who make \$90,000 a year and live in fabulous homes that look like a Pottery Barn catalogue room. We aren't the makers of our own identity anymore, just the people that soapbox corporations use to sell their lifestyle pitches.

Kimmy taught me something important; we've got a long way to go.

# Better moderators for the Presidential debate

David Alexander

Blueprint EIC



In order for last week's U.S. Presidential debate to be more informative, the following people could and should have been called upon as moderators:

Noam Chomsky would have been able to interject illuminating commentary whenever the nominees attempted to mislead the public. On the War on Terrorism, he could have pointed out that "in much of the world, the U.S. is regarded as a leading terrorist state, and with good reason," (from Chomsky's book, 9-11). Chomsky might attempt to enlighten the nominees as to why the U.S. are hated by so many people in the Middle East.

According to Chomsky's blog, the reasons for this hatred have been clear since the 1950s: "the perception is that the U.S. supports harsh and oppressive regimes and blocks democracy and development, and does so to gain control of the energy resources of the region." This hatred still exists because of "the decisive U.S. support for vicious Israeli repression of Palestinians and robbery of their resources, and the murderous U.S.-U.K. sanctions that were devastating the civilian society of Iraq."

As moderator, Ralph Nader would have ensured that other pertinent topics related to "foreign policy and homeland security" were discussed. In his reaction to the debate, Nader noted

that "we didn't hear anything about the Israel/Palestine conflict; we didn't hear anything about global arms control in the broader sense; we didn't hear anything about the global trade treaties—WTO and NAFTA—nor did we hear anything about the need to do something about the military budget of the Pentagon, which is so wasteful."

Naomi Klein could have asked questions about "the brutal economic model advanced by the World Trade Organization." In an article written last year, Klein suggested that this economic model "is itself a form of war. War because privatization and deregulation kill-by pushing up prices on necessities like water and medicines and pushing down prices on raw commodities like coffee, making small farms unsustainable. War because those who resist [...] are routinely arrested, beaten and even killed. War because when this kind of low-intensity repression fails to clear the path to corporate liberation, the real wars begin."

Klein would draw attention to the WTO's agreement on drug patents, a deal that was meant to give poor countries the right to import generic drugs, which Klein and others have criticized as "unworkable." As moderator, Klein would have explained the need for cheaper generic drugs: "of the roughly 30 million Africans with HIV, 4.1 million need antiretroviral drugs, yet only 50,000 - 75,000 have access to them." Klein would have made sure that Kerry and Bush had a chance to debate this vital issue.

# Letters to the Editor

cord@wlusp.com



## Shame on you, Anthony Piscitelli, Welker is normal

I was always taught that Presidents and their assistants were supposed to be a team. Apparently this is not so at Wilfrid Laurier University. Anthony Piscitelli should be ashamed of himself. In the September 29, 2004 issue of *The Cord Weekly* ("Welker in question on own policy"), our Vice President: University Affairs stooped so low as to scrutinize the actions taken by WLUSU CEO and President, Steven Welker, during the annual Dean's Trip.

So Steve had a couple drinks while climbing up a mountain during a retreat, what is the big deal? I personally take pleasure in knowing that our leader is an ordinary student and more importantly a normal human being who likes to kick back and have a good time every once in a while. He did not get drunk (as you, Mr. Piscitelli, so boldly informed us) and thus did not endanger himself or those around him. Even if something had gone wrong, Mike McMahon, General Manager of WLUSU, told *The Cord* that the event was "registered" and covered by a "very comprehensive liability insurance policy." Sure what Steve did may not have been approved by killjoys such as yourself, but nonetheless it did not violate any WLUSU rules or regulations.

April Cunningham, you must be jesting when you mentioned the fact that it was wrong for Steve to break an Ontario provincial law by consuming alcohol in a public place! I am unable to speak for anyone else but I cannot recount the number of times that I took that one (or two) last beers out of the case with me on the road to the bar or filled up an empty Harvey's soft drink cup with rum and a splash

of coke just so I could have something to quench my thirst as I wait in line at one of the many fine watering holes in Waterloo. You know what else constitutes as breaking the law? Consuming alcohol at keg parties. As sheltered as you and Anthony must be, surely you have attended one of these unlicensed events? May I suggest you turn yourselves over to the authorities immediately.

I am unsure of your motives Mr. Piscitelli (perhaps a certain election that takes place at the end of this academic year?) but I abhor the fact that you brought this matter to the public's attention without going out of your way and having a private chat with Steve Welker instead to let him know how you felt about his actions during the Dean's Trip. I admire our President for doing what he did: he drank responsibly and had a good time.

Benjamin Puzanov

## "A service to journalism everywhere"

Dear Editor,

When the September 22 edition of *The Cord Weekly* ended up on my desk, my first thought was to rifle through it for design ideas. When I read it, my thoughts weren't about the layout, but about the quality of the material inside.

Every part of your newspaper fit together smoothly, but I was most impressed by the quality of the writing. My total unfamiliarity with anything having to do with WLU didn't stop me from enjoying the articles. The variety of opinions and news relevant to the student community was almost staggering.

I was pleasantly surprised by Carly Beath's opinion article, "Messy

but genuine ideas." The opinion she advanced was a novel one, but most of all, I admire that she remained objective and recognized that not everyone is opposed to current hot-button issues like Iraq. By acknowledging that multiple viewpoints exist in the student body, *The Cord* does a service for student journalism everywhere.

Thanks for showing that student newspapers don't have to be shrill mouthpieces for a particular political persuasion. Assuming I can find a copy somewhere, I look forward to your next issue.

Andrew Barton  
Editor-in-Chief  
Absynthe (Trent University)

## Re: Europeans feel generous

Europeans may feel generous, but I feel confused. How much debt relief did France and the UK (Britain is just a somewhat ambiguous name for a geographical location, not a nation-state) actually give? Was it 216 million Pound Sterling, or was it 266 million dollars? Are these U.S., Canadian or perhaps Euro dollars? Either way 216 million Pound Sterling does not equal \$266 million, it is 391 million USD, 494 million \$CAD or 315 million Euros.

Further, you state separately that France forgave 139 million of unspecified dollars. I am most certain that France would have forgiven a certain amount of Euros as France does not make dollar denominated loans.

Did the UK forgive 100 million Pound Sterling in debts or some other amount that equals 123 million mystery dollars? Again are these dollars US, Canadian or Euro? 100 million Pound Sterling does not convert to 123 million of any of these currencies.

cies.

Assuming that you used a common, if unknown, dollar currency, the debt relief of the UK and France does not add up. You claim that together the UK and France forgave \$266 million yet you state that France forgave \$139 million and the UK forgave \$123 million which only sums to \$262 million.

Unfortunately these errors are all too common in journalism. The actual currency used in the transaction should be stated first with the amount in Canadian dollars in brackets.

Ryan Jakubowski

## Debt relief is only the first step

I would like to start by congratulating Kris Cote on a well-written article, entitled "Europeans feel generous." It is a great thing to have the large debts of some of those African countries forgiven but that may just represent a double-edged sword that would deepen poverty and corruption in the chosen countries.

When, in the 1980s, the IMF and other major financial contributors to Africa decided to tack political conditions on loans granted to nations in economic difficulty, many human rights watchdogs expressed concern, calling the conditions a new wave of colonization.

But in the years following these new conditions over 75 percent of African countries witnessed some kind of democratic breakthrough, ending decades of single-party rule in some and seeing vibrant democratic action in others.

The pressure put on by the creditors pushed the elite and the ruling classes in many of the countries to essentially concentrate the funds into the hospitals, airports and other major

social infrastructure projects that needed the attention, as opposed to redirecting the money into Swiss and Western-based personal bank accounts.

This political conditionality held rulers accountable for their spending before the international community and before their respective domestic populations. Writing off the debt will significantly reduce this accountability and put these countries 10, even 20, years back economically.

Reducing the debt does not help the countries by any means. These nations still struggle with their education systems and still need the necessary drugs to treat diseases like AIDS, still need roads to carry food and supplies, still need the necessary institutions to carry out a realistic push to democracy and a better life for the lower classes.

Writing off the debt is not the solution but only part of the answer. After the forgiveness of the debt or part of it, the world powers need to allocate funds to the important areas that will fuel strong revenue generation and ensure stability and prosperity.

Forgiving a poor man's debt does not help him, he is still poor and will need the necessary tools to keep himself out of debt. Forgiving the debt of the poorest countries is a good start but only the first step in ensuring a debt-free future for the millions of people affected by the plagues of poverty and HIV/AIDS.

Ruben Gu-Konu

## A Response from Laurier Shinerama

Never have I been more proud to be a part of the Laurier community. The outcry for Shinerama to support char-



Concerning The Post-September Syndrome

# Until you ruin your first hip, the world is your oyster

Chris Clemens



Last Year's Entertainment

September is a curious time for a university town. Everything's sleepy and then, one day, a U-Haul truck appears out of nowhere, like a rusty orange beacon signaling a change of tide. For four years, I've watched that single U-Haul turn into a stream and then a river and then a great flood of metallic beasts, loaded to the teeth with overbearing parents and co-eds eager to get back to work.

As soon as the U-Haul rivulet has subsided back onto the highway, it's obvious that work means drinking, and drinking is work. You can almost hear the universal dialogue: "We're back, we've got summer cash and we're here to get fucked up before class actually means something." The bars are rammed and lineups are worse than 202 Regina (for a few weeks, at least). It's a celebration, and everyone puts personal safety and discretion aside for a month while they tear through their savings. Fantastic.

## It's a creeping evil, a slow steady shift toward the chains of a life of caution.

This year, though, I noticed a lot of my people slowing down long before they hit their credit limit. Something was different this time around, something seen in lidded eyes and the bottom of half-finished pints.

We're getting old. This was our mantra; our excuse for leaving long before last call. It became a natural defence as we sat around afternoon breakfasts at the Duke, disheveled and weary and unable to throw off the hangovers quite as easily as we used to. It was a cop-out for movie nights and stay-ins and nothingness.

I suppose it's understandable to a certain degree. After years of

drinking in parks and running from the pig patrol, followed by additional years of legality, the scene looks a little tired. The veterans have picked up responsibility, good judgment, "normal" sleep cycles and all those other shiny things that Jesus would love us for. But is it a good thing to fall back on age and experience as an excuse?

Raging alcoholic students aren't the focus here, they're just a remarkably appropriate framework for the greater issue. I can't count the number of times that I've heard a monotonic "We're too old for that" from 20-somethings; too old to ride the shopping cart, hit the mosh pit, tip the cow or crash the orgy. When did it become okay to wave away good times with the age card?

There's nothing wrong with turning away from activities on their own merits. Mosh pits, for example, are mostly off-limits to me now because I tend to elbow small children in their eye sockets... accidentally. Similarly, some students might avoid drinking because they always wake up naked in the park. But to downshift your life into neutral with no better reason than "feeling old" is ridiculous and a disservice to yourself.

It's a creeping evil, a slow and steady shift toward the chains shackling you to a life of caution and inevitable regret. It's a habitual shirking of new experience, an excuse that rolls off the tongue with the slickness of butter to keep you from harm: "I'm too old for that." But you die a little inside each time.

And so, when I was slumped in a chair complaining about this fourth-year slowdown one night, it was a great relief when a friend piped up, "You're only as old as you feel," she said. And she was right. With my level of maturity, I felt about fifteen. I smiled, revitalized.

We closed September with a bang, just like we used to; slurring goodnight to the sunrise while shattered fragments of glass formed a puddle of light on the street below. It was just as beautiful as I remember.

# Don't free Homolka

Dana Krook



Guest Columnist

December 24, 1990: The murder of Tammy Lyn Homolka is ruled accidental, the killers go free. Or how about this frightening tale? June 29, 1991: Leslie Mahaffy's body is discovered cut apart by a chainsaw and encased in cement blocks. Even more bone-chilling? April 16, 1992: Fifteen-year-old Kristen French is abducted from a church parking lot, never to be seen alive again. Freaky, eh? Here's another. July 6, 2005: Karla Homolka will be released

back into society.

The last one's a shocker, I know. But don't try and press pause on your DVD player because this psycho is not Hitchcock material. She's real. And she could be coming to your hometown.

Most of us will remember, to some degree, the horrifying murders by the "Barbie and Ken" serial killer team of Karla Homolka and Paul Bernardo, as it occurred far too close, it seemed, to most Southern Ontario towns and cities. Sharing a passion for sadistic sexual fantasies, the pair's criminal history began with Homolka's own sister, Tammy Lyn.

- Please see **Homolka**, page 9

# Let's be honest Laurier...

Fraser McDonald



Columnist

*Familiarity breeds boredom, so it's good to get out and do new and creative things with our lives*

The first two to three weeks of school are over. Here we are. Time to get focused! If you're third year and up, these words are probably already redundant - the excitement of returning from summer armed with stories and fresh ideas dwindles fast once you become swamped with work. Of course these are not in any way lucid insights, nor particularly helpful, but it's a fact: we have completed the "honeymoon period."

I borrowed that term from working at summer camps for kids with behavioural problems. Honeymoon period is another way off saying the calm before the storm; it describes a celebratory feeling. After a day of camp, we'd debrief together and the lucky counsellors spent the first week reveling:

"So and so punched him, they fought, but no real problems. And oh yeah, she spit in my face and demonstrated her extensive knowledge of the curse word thesaurus but we're still honeymooning - they haven't gotten crazy yet." Damn, I saw interesting stuff those summers. And once again school now feels like the same old.

Being comfortable with your surroundings is important but at what point does familiarity become too much? We all have our own definition of boredom - me I get bored twice, thrice, five (I know that isn't a word) - enu-

merable times in a single day. In conjunction, I'd like to talk about a reality we all have to face: inevitably, we make decisions to stave off severe droughts of excitement; rather than finding out what will make us happy, we accept mediocre entertainment.

Sorry if you don't agree and believe that I am incorrectly assuming you're the same as me. I'm sorry you're full of shit.

## Does watching TV make you feel better about yourself? Does it relieve stress? Didn't think so...

Take a quick glance at the past week. How did you entertain yourself? Or maybe I should say, did you entertain yourself? Think about it: more often than not, we rely on media rather than ourselves - TV, radio, or even further, other external forms of entertainment such as alcohol, weed, etc. But wait, I am not condemning anyone here. I merely think it's something to admit to - with regard to knowing how to entertain ourselves, we have a lot to learn.

Hmm, maybe another angle is needed. Does watching TV make you feel better about yourselves? How good do you feel after a night of drinking? This doesn't mean these activities are entirely

bad, but evidently there is a trade off.

There are many other inventive things to do including thinking of practical ways to improve your community or defend the environment, working out, meditation and attempting to express yourself. These can all be equally enjoyable after, as well as during.

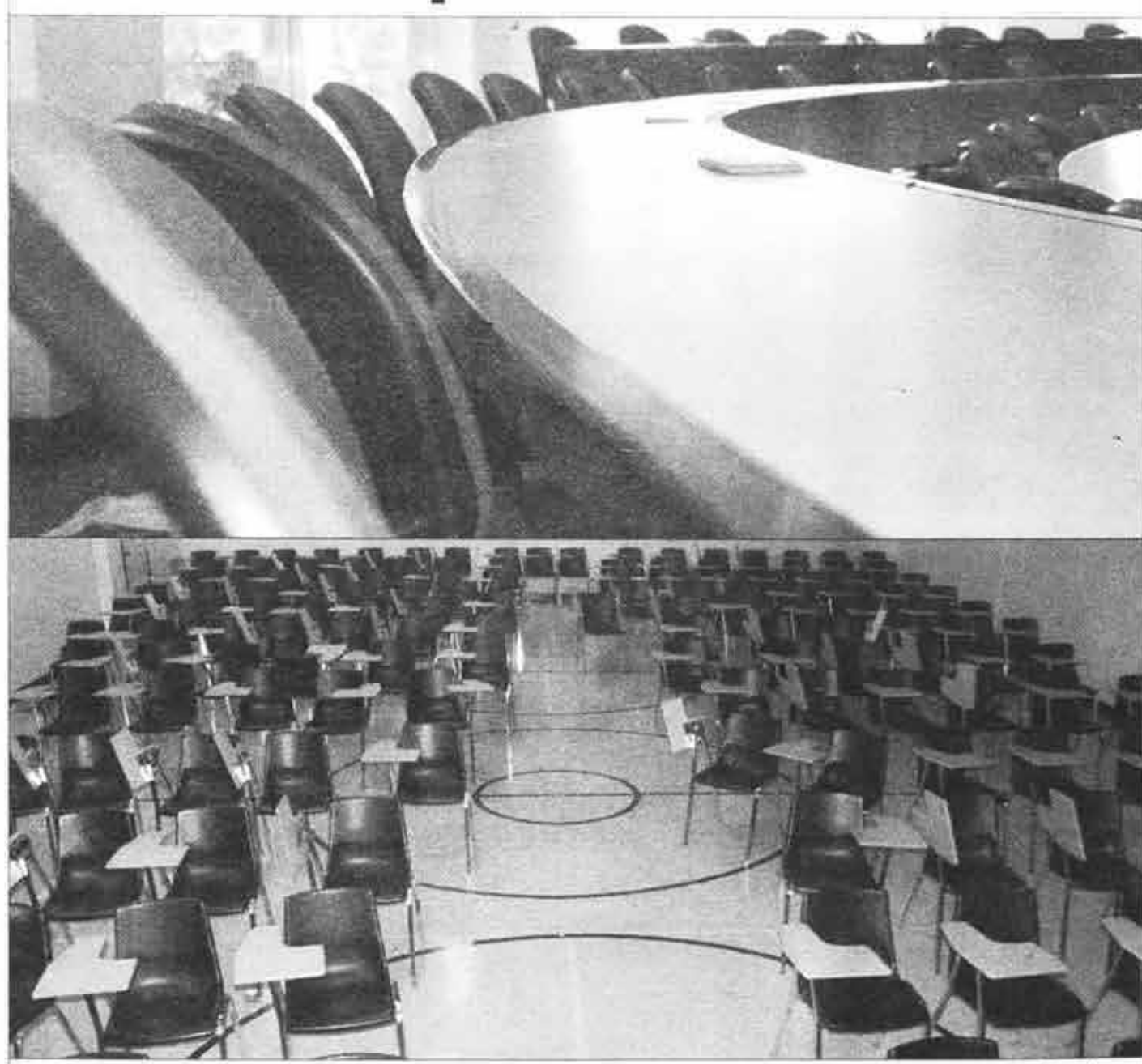
It doesn't matter exactly how we spend our time, but it is a good use of time to stop for a moment every once in a while to determine whether our activities are actually beneficial to us.

And I should probably clarify why I'm making a point of this: we are inundated with entertainment options which appeal to the masses. They do not enhance understanding, they merely pander to a wide audience. Hence, if you're not choosing to think about what you are doing, you are in essence surrendering your will to other people's creative vision.

But who cares and why? Over the next few weeks the answer will become clear. If you pay attention, you'll notice that every second or third person you talk to will complain about something or another just to vent their stress.

True, venting is legitimate but what are we going to do about it? My thought on the subject is that by being a little more creative with how we entertain ourselves, we can alleviate the stress related problems before they pour into and take over our everyday lives.

# Campus Pictorial



Bryn Boyce

**Learning From The Three Point Line:** Asthmatic children need no longer worry about Christ's PhysEd class at St. Michael's Elementary School, the school is now dedicated to free thoughts and throws... Not to be too evocative but notice how the sun majestically gleams off the Schlegel's desks?



# Common sense revolution

Caitlin Howlett



Editor-in-Chief

It's 2 am, do you know where your common sense is?

My guess is that it is probably drowning in the last sip of Stella you forgot to slug back at the pub in your haste to leave en route for some much desired pizza.

So when you stumble down the stairs of the Fred Nichols Campus Centre, and push your way out the door - common sense free - there is very little stopping you from doing the following:

- Breaking the glass window in the door - is there an unofficial quota that has to be filled every week that I am unaware of?

- Taking an entire rack of *Cord Weekly's* and distributing them on the stairs and the Quad (we need a circulation manager, but not that kind) - better yet, burn a pile of them (oh it's been done my friends, sadly it has been done)

- Knocking over garbage cans along the way, spreading refuse in the path of those to walk that very morning

- And last but not least, you heckle the bearers of news through the window (that's us).

I'll be the first to admit, it's pretty entertaining watching the inebriated fall on the interlocking

**Letters**, from page 7

ities other than the Canadian Cystic Fibrosis Foundation (CCFF) only serves to illustrate how much Laurier students actually care about people and charities around the world. It's probably what I love the most about our amazing school.

So why, you ask, am I writing this letter? Well, here's why: I love Shinerama and am so proud to have worked with all the amazing, hard-working people involved in the event and to have been able to raise so much money.

So, after all of that hard work, I can't help but feel irked by the suggestion that Shinerama should "spread the wealth" and give to, as some Cord Weekly writers would suggest, charities with "more merit". The insinuation that Shinerama should give to a more "deserving" charity just about makes my blood boil.

Shinerama is the CCFF. Yes, it's because of history but it's more than that. The 'merit' is in how much the people who get involved in Shinerama care about Shinerama. Every member of our Shinerama Executive team had been a part of Shinerama in the past, one of whom is graduating and headed for a career working for the CCFF. That fails to even mention our team of general volunteer "Boosters" who are really the lifeblood of our campaign. The people who get involved in Shinerama do it because of the cause.

Some suggest Shinerama could learn from the Laurier University Charity Council (LUCK), which is an amazing organization and one that I admire greatly, but Shinerama is not LUCK. To me, Shinerama and Cystic Fibrosis are now as synonymous as Terry Fox is with cancer research. THIS is our fight.

The answer is not changing Shinerama. Shinerama and the CCFF must continue to fight together until CF is cured.

I raise money for Shinerama because that's what I care about. I raise money for Shinerama because of my neighbour who died of CF when she was 13. I raise money for Shinerama for my Shinerama Booster who has CF and still worked tirelessly with us all day (and sometimes all night) during O-Week.

The answer is not turning Shinerama into a yearly "rent-a-charity" that serves only as a cash machine for random charities. Shinerama is engrained in Laurier tradition almost as much as the Hawk

stone or make outrageous claims like "you suck." [Editor's note: I took the pg rated version of some of the things we're called]. Someone who is having trouble placing left in front of right has the audacity to say that I suck, well that's, that's just - bold. Here is a loss of common sense at its very best.

We burn the midnight oil, like many students on this campus, just trying to get the job done. Our peers, then reprimand us for this by yelling obscenities our way making unusual demands at all hours of the morning and requesting to be quoted verbatim, curse words and all. And if all else fails, they go and break shit.

Common sense failed the young man when he urinated in front of the widow while I worked diligently on the computer. I laughed and then quickly drew the blinds when shouts "get closer to the window" pervaded my ears. Having a slight bit of compassion for the young man who had clearly had one too many, I let it slide, yet I still felt as though this young man had failed me - in so many ways.

But the reign of terror this campus sees on a given night, bar night or not, shows a lack of common sense by those guilty of damaging the campus and harassing those inhabiting it.

The University of Guelph's

itself. Laurier is Shinerama, Shinerama is the CCFF and I wouldn't change it for the world.

**Colin Szemenyei**  
*Shinerama Sponsorship Executive*

## Banned blood

I am a Canadian citizen who lived in the UK for four years. As a result, I too, am not allowed to donate blood. I understand the disappointment at not being able to donate. I also understand that although I may be perfectly healthy now, the symptoms of "Mad Cow" disease can take 20 to 30 years to manifest themselves. I appreciate the efforts of the Canadian Blood Services in screening any potentially infected donors. Maybe if the Red Cross had done the same...

**Tracy L. Swierenga**

## Canadian Excellence in Registration Services?

When I made the decision to come to Laurier back in 2001, I did so based on both the reputation of the school and the treatment I received as an eager, potential student. I was impressed - a friendly and helpful staff, interesting programs and courses and, above all, the promise that at a small school like Laurier, I would never be "just another number." Well, it's three years later and not only do I feel undistinguished among the school's 10,000-plus students, I swear there's a fluorescent dollar sign constantly flashing on my forehead - one that I just can't seem to escape.

It seems the once friendly, eager-to-please staff has turned into insensitive people with an utter lack of regard or concern for my education or satisfaction with the school. My frustration with the university dates back to last September, when I was not accepted into many of the "required core" Communication and English courses that I had chosen for the year. It boggled my mind that a university could require a student to take certain core courses, and proceed to deny some students access to them. That September, I lined up for three hours just so I could make sure I fulfilled my requirements for the year.

This summer, third-year students were given a window for online registration dating from June 4 to 9. So there I was, 11:59 on June 3, all set to choose my courses. But when I began to register, there was a glitch - I was denied access to certain courses

student newspaper, *The Ontarion*, has shared a similar fate on their campus. Located adjacent to their on-campus pub, they've had their walls broken and most recently, their signage stolen, the only evidence of their location on campus. I suppose that's a feeble attempt to silence the press - especially if you can't find them. *The Ontarion's* Editor-in-Chief, called students stupid. I would have to agree.

It still boggles my mind that we pay thousands upon thousands of dollars, only to see much of it put not to our education, but the repairs of our physical campus.

If you don't know how much it costs to replace the glass in a door, let me tell you it ain't cheap. Damaged signage, broken or stolen items on campus and the verbal assaults are sadly, a reality on this campus and others.

Sometimes, I am ashamed. Ashamed to say that I share the same classrooms with these individuals who lack common sense. We've all had our moments, but I like to think that there are those of us who are a tad more user-friendly when it comes to WLU.

Common sense didn't get you into university, but I think it should be a stipulation that if you forego common sense, maybe it should be grounds for leaving university, prematurely.

(because of a "filter", I would later be told). As I tried to sort things out, courses started closing. Frantic, I began to choose courses that I knew would fit my requirements but that did not even remotely interest me.

To make a very long story short, I ended up with a mere three credits for the entire year, and not even a single class in the winter term. When I sought academic counselling to try to remedy this issue, the only advice I was given was to "graduate a semester late." And so I am now paying roughly \$3,000 for courses I chose as defaults to my first and second choices.

In all honesty, I'm surprised with the University. If what I have become to Laurier is "just another number," I am thoroughly disappointed in a

# A horror film to-be

**Homolka**, from page 9

As a Christmas present, Homolka "gave" her younger sister, drugged and comatose, to her boyfriend, but during the videotaped rape, Tammy vomited, choked and died. Police ruling? Accidental.

Their next crimes involved the abduction, sexual assault and murder of two high school girls: first Mahaffy and less than a year later French. There are also two other rape victims that survived, but their names have been withheld from the public.

In January of 1993, Bernardo took out his violence on Homolka, sending her to the hospital. Bernardo was charged and she left him for good.

When their crimes began to surface, Homolka immediately put on a show of "victim" and won herself a plea bargain in exchange for her testimony against Bernardo. It was only after the agreement was made that the videotapes appeared, depicting a very different Homolka: a more-than-willing participant. Protected by her plea bargain, Bernardo got a life sentence and Homolka was labeled with "battered spousal syndrome" and given a mere 12 years.

Well, those 12 years will be up in exactly nine months from today; Karla will be free, with a new name, new look and ready to

pursue a degree in Criminology (she's already finished one year, commenting that it "builds her self esteem," ... oh good, a confident serial killer).

Does this scare anybody else? It should. At her parole hearing after only eight years in prison, the National Parole Board ruled that she was unfit to rejoin society because they feared she might commit similar offences. Do you think that maybe four years will have made a kinder, gentler Homolka? Hmm... doubtful.

If Homolka is indeed the "manipulated victim" she claims, what's going to stop her from finding another Paul Bernardo and repeating the tragedies all over again? If she's the sadistic killer I believe her to be, again, what's going to stop her?

It all seems like some bad horror film to me, where the villain just keeps coming back to haunt the survivors and wreak more havoc on unsuspecting victims. It took six sequels for *Halloween's* Michael Myers to be silenced, and ten for *Jason of Friday The 13th* to finally bite the dust and chances are movie-makers will resurrect them again for yet another butchered film, hopefully an STV (straight to video). So how many sequels of Karla Homolka will we have to endure before her criminal role is terminated?

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# Turkish reforms set stage for EU inclusion

*With legal reforms set to be enacted, Turkey has met the pre-requisites for EU accession*

**KYLE BOULDEN**  
Staff Writer

Turkey's parliament passed legislation initiating a complete overhaul of the country's 78-year-old penal code. The legislation is the last of the reforms demanded by the European Union (EU) as conditions for the opening of membership talks.

Discussions have been ongoing between Turkish Prime Minister, Recep Tayyip Erdogan, and EU officials in Brussels after a crisis emerged over Turkey's plans to include the criminalizing of adultery among the new legal reforms. Erdogan eventually agreed to drop the controversial plan, placating the EU and opening the way for parliament to endorse the new penal code.

Erdogan was confident that with the passing of the new laws, the road will be clear for Turkey's ascension into the EU. In a tele-

vised address to the nation, Erdogan said that "I would like to state very openly, clearly that I am hopeful that a date for accession talks will be determined in December this year." The plans to join the EU are very popular in Turkey, where approximately 80 percent of people support ascension.

On Wednesday, EU Enlargement Commissioner Guenter Verheugen will release a report on Turkey's democratization progress, which includes reforms in recent years to curtail the role of the military in government, increase the rights of minorities, and bolster citizens' freedoms of speech, assembly and association. The report will form the basis upon which EU leaders will make a decision about Turkey's ascension during a summit on December 17.

The changes are among key conditions imposed by the EU in



Contributed Photo

New Turkish laws make 'mercy-killings,' responsible for countless acid-burns, punishable with life in prison.

order to bring Turkey in line with the European system. Verheugen, who is effectively the man in charge of determining whether Turkey will join the EU, has said that with these new reforms there are "no more obstacles on the table."

The Turkish reforms to criminal and civil law include increased religious and minority rights, as well as greater individual freedoms, such as freedom of expression. New laws to be

introduced include greater punishments for torture, human rights abuses, pedophilia, human trafficking, as well as the trafficking of human organs.

A notable amendment is one that would give life sentences for those convicted of "honour killings," a practice in which women who are considered to have disgraced their family are murdered or maimed. While women's groups consider the reforms a step in the right direc-

tion, they are still critical of the system. Several amendments are seen to be discriminatory toward women, and fears are that in some cases they could be used to reduce the sentences of these convicted murderers.

The last step will be for Turkish President Ahmet Necdet Sezer to ratify the legislation. Once this happens, the new set of laws is set to come into effect on April 1, 2005.

## A new series of separatist bombings leaves India in shock

**RICHARD TOGMAN**  
Staff Writer

Four separate explosions rocked the state of India this past week as violence flared and the death toll rose. These acts of terrorism, which included the bombing of a power line, gas pipeline, tea plantation and a busy marketplace, occurred not in the West, where violence is more common, but in the East.

Separatist violence in the West has stolen the headlines lately as Muslim terrorists fight for control of Jammu-Kashmir. However another separatist war is raging in the east of India near the border with Myanmar (Burma).

This war is fought mainly by Christians who wish for inde-

pendence from the central Indian government. The National Democratic Front of Boroland and the United Liberation Front of Assam have been fighting with Indian authorities for control over the states of Assam and Nagaland. These predominantly Christian areas claim to be seeking protection for their ethnic identities from the Hindu government, and contend that the federal government has exploited the region for its natural resources, while leaving the citizens impoverished.

The people of this region claim to be under a colonial, imperialist power, and are resisting occupation. The resistance is deeply rooted in colonialism as it began in 1947 after the British



Contributed Photo

This once busy train station was turned into a crater by bombers.

were driven out. Separatists claim that their land has been invaded by Hindus who were encouraged to immigrate there by the Indian government.

According to the rebels, the

residents of Assam and Nagaland desired to declare independence like the states of Pakistan, India and Myanmar. However, their leadership was corrupted and co-opted by the Indians, who have maintained a stranglehold over

these provinces ever since.

The war has killed more than 15 000 people with no real end in sight. Indian authorities claim that the rebels' accusation of threatening their culture and exploiting their land is baseless, as they have tried accommodating rebel demands and encouraged them to participate in government. For many residents of Nagaland and Assam these steps have not gone far enough. They believe that only an independent state can fulfill their cultural, ethnic and economic needs.

The bombings in Nagaland end a seven-year ceasefire, signed by the government and the two leading rebel groups in 1997. These recent bombings, which have killed over 200 people, have left the entire country in a state of shock.

## Pressure continues to mount on Mugabe

**KRIS COTE**  
International Editor

Stopping in Canada on his global tour to speak out against the regime of Zimbabwean President, Robert Mugabe, Archbishop Pius Ncube of Bulawayo, Zimbabwe, spoke to the Canadian Parliament of the inhumane conditions Zimbabweans live in.

Ncube spoke of a political culture that stifles dissent and told Parliament that, "my heart bleeds — I suffer a lot — when I see the lot of the common man in Zimbabwe." On Mugabe, he said "I'm annoyed and upset when someone uses their power to trample on the disadvantaged, on the poor," he said.

Mugabe has responded to Ncube's accusations by calling him an "unholy man," and dismissed his arguments as a "satanic" betrayal of his country.

This past week, Mugabe enacted legislation to check charity work being performed. Afraid that charity workers are responsible for growing dissent, the new legislation forces charity groups to obtain permits, effectively



Contributed Photo

Opposition party, the Movement for Democratic Change, faces immense challenges in defeating incumbent President Robert Mugabe screening them.

Ncube was joined this past week by seven other Catholic Bishops who are speaking out against Mugabe for several reasons. Press freedoms have been under constant attack from the State, but with elections looming, the Bishops fear that Mugabe has an unfair advantage. "It is important that all political parties have access to media coverage so that they can inform citizens about

how they intend to govern if they are elected," they stated.

Meanwhile, Ncube gave credit to recent worries that Zimbabwe will soon face a food shortage. At a press conference in London, Ncube told reporters that "there is suffering in Zimbabwe, so much so I estimate personally that if it were not for the World Food Program, a good half-million Zimbabweans would have perished from hunger."

## The U.S. media is corrupting the election

**Tyler Williams**

Staff Writer



The upcoming U.S. Presidential election has been hailed as one of the most important in recent memory. With issues such as the Iraq War, the economy and the continuing War on Terrorism all proving to be hot-button issues, the need for the American public to receive objective, unbiased information about where the candidates stand on these important issues has never been greater.

Yet the media is not living up to its responsibility of providing unbiased, non-partisan coverage. On the contrary, this election has taken an enormous toll on the credibility of the U.S. media. As is typical in American politics, both of the major parties have resorted to mud slinging. The

problem is that the media has not risen above this. While its job is to present the issues in an objective fashion, they have instead merely contributed to the mud slinging.

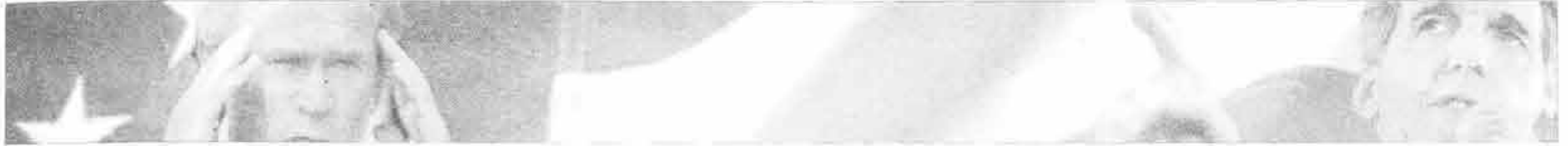
The media establishment is reeling from the recent 'Rathgate' scandal, which has shamed two of the most trusted names in U.S. media, CBS News and award winning anchor Dan Rather.

Last month, CBS News reported that it had come into possession of several documents that clearly showed President George W. Bush had used the influence of his father to escape service in Vietnam. Despite experts, including many at CBS News, who expressed doubts about the validity of these documents, the trusted face of CBS News, Dan Rather, went on 60

- Please see **Media**, page 11



# Does Kerry deserve to be the next President?



## The world needs Kerry

Rory Nisan

Staff Writer



It is easier to explain why George W. Bush shouldn't be president than it is to explain why John Kerry should. Yet there are a number of things about Kerry that qualify him for the presidency.

His experience as both a veteran of Vietnam as well as protester of that conflict gives him a unique perspective on international relations as well as domestic affairs. In a Senate race debate in 1996 he addressed an attack on his anti-death penalty stance: "But the fact is, Governor, that yes, I've been opposed to the death penalty. I know something about killing. I don't like killing. I don't think a state honours life by turning around and sanctioning killing."

It is true that an aversion to killing does potentially have negative consequences should it become necessary to kill another. However, Kerry's personal experience with war should help him recognize when war is appropriate. In last Thursday's debate he spoke of a "global test" for intervention. Republicans have attacked this statement and while it might have hurt his rating slightly, this policy is essential for continued American growth.

Historically, great powers have lost their hegemonic (dominant) status when they bite off more than they can chew. Thomas Hobbes reminds us that the power of many is always greater than the power of one. Kerry recognizes this important principle of the international system. Alienating the other great powers has the potential to lead the U.S. into eventual ruin.

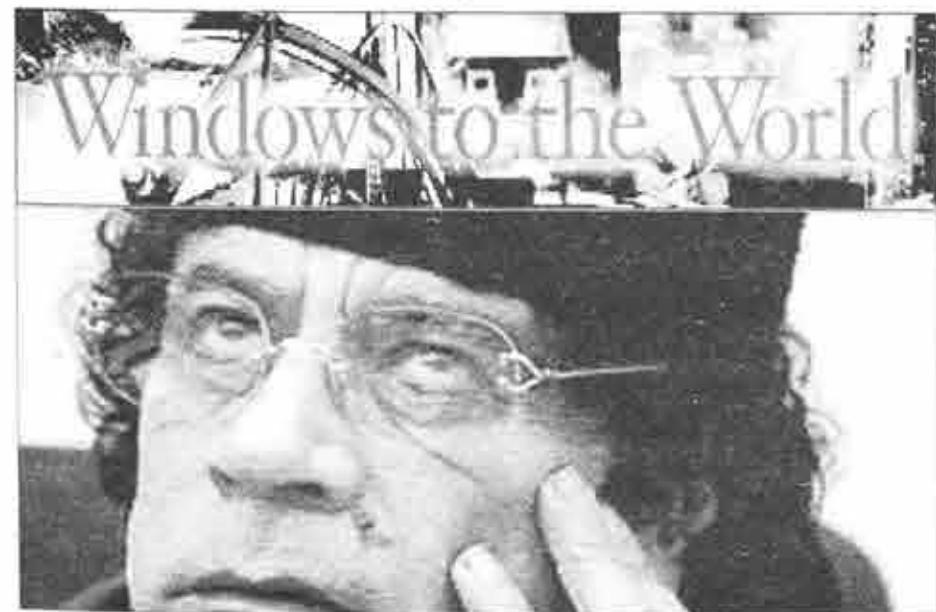
Legitimacy is lacking for the

Iraqi War, which is translating into diminishing confidence in the American government. In the long-term this has the potential to decrease investment in the U.S., which means that if the occupation of Iraq continues as it has under Bush, America will be led into unbearable debt and deficit. Kerry's desire to involve the world in American foreign policy serves a domestic end: it is good for the American economy.

The Bush administration has taken an America that was once the leader of the free world and has created such a profound lack of confidence in American political leadership that countries are looking elsewhere for guidance. The strong U.S. dollar has often been a measure of their strength in the world, but the Eurodollar is now much more powerful. Under Kerry's leadership and his intent to work more closely with allies to restore confidence in America's political establishment, America will once again lead the World. Kerry's desire to enter the International Criminal Court will have a similar impact on their world standing.

While Americans are the people able to vote in the election, global perceptions of Bush should have an impact on their decision. If Kerry doesn't win, imagine the anger around the World at Americans for re-electing someone who has, in the evident opinion of much of the world, done such terrible things for both the U.S. and the World. A failure to appease this opinion could have severe and long lasting consequences on America, and future endeavors.

Unlike President Bush, Kerry has the intellectual capabilities to formulate a concerted foreign policy. It was clear in last week's debate that Kerry has a clear plan for solving the Iraq crisis and for restoring American standing.



### Mo' Muammar, mo' problems

Following the pleas of Brazil, India, Japan and Germany, Libya, a recently vindicated terrorist state led by the dictator Muammar al-Gaddafi, has called for a seat in the United Nations Security Council.

Libyan Foreign Minister Abdurrahman Mohamed Shalghem, told the world that "before we can talk about the

lack of democracy in the world, we must first admit that it is lacking in the United Nations." He also urged the world to "stop infusing money into this dead body."

In justifying Libya's demands, Shalghem stated that "there can be no Mediterranean Sea without Libya," and reminded everyone of the country's recently discontinued weapons of mass destruction program.

## U.S. must remain steadfast with Bush

Brendan Jones

Columnist



Imagine, it is a warm fall morning, with only a few clouds traipsing the skies. The kind of day you would spend bar-b-queing with friends or tossing a football around the backyard. You say goodbye to your Father and hug your Mother as they head out the front door, on their way to work in the downtown core. Unfortunately, this is the last time you will ever share a warm embrace with your family.

You flick on the radio only to hear a sullen, somber voice. What the voice says sends shivers down your spine. You frantically rush to the phone to call your parents; however, the telephone system is overloaded and your fears are greeted with the mundane buzz of a busy signal.

You turn on the television, churning through the dials at a hurried pace. Every channel littered with smoke, fire and the same indelible image of two planes. As the buildings crumble to the ground with countless innocent people inside, so does the nation's collective psyche.

Having been attacked by an enemy that is not exclusive to any borders or one group, nor identifiable by any uniform, that sees the death of your citizens at the cost of their own lives as honorable. An enemy that only understands the language of action, and the only word it knows is force.

- Media, from page 10

Minutes and defended these documents and the anonymous source that had given them to him. Less than a week later, a chagrined Dan Rather went on national television and admitted that he had been duped.

The fact that the first people to prove that these documents were false, a group of "bloggers," was seen by many as another nail in the coffin of the mainstream news' credibility.



### Kyoto Now?

In a complete reversal of policy, Russia announced last week that it will ratify the Kyoto Protocol on climate change. To conform to the pact, Russia must now lower its greenhouse gas emissions by 5.2 percent of its 1990 levels by 2012.

With Russia agreeing to sign the protocol, the pact will have enough signatures to come into effect worldwide. The U.S., who

The nation is faced with the realization that it must be correct 100 percent of the time to prevent another atrocity from occurring, while its enemy must be correct only once. It can only send its young men and women to far away lands in hopes of slowly altering the conditions from which its attackers drew their strength. A goal likely not completed in a matter of years, but a matter of decades.

Now the Nation is faced with a very important choice. Continue on with the leader that is shepherding the Nation through this time of disquiet and vulnerability, a leader who does what is sometimes unpopular but is steadfast and has the Nation's best interest at heart, or march into the unknown with the challenger.

The challenger says the Nation would be safer as a fortress that sporadically sends out the guards when faced with imminent attack, instead of seeking a fundamental solution to a fundamentalist quandary.

With almost intentional narrowness, the challenger claims that he can permanently secure the nation from an attack from within. By the same token, the challenger claims the war was in error because the demagogue did not possess weapons, and by that same logic, the demagogue never would.

The challenger says the Nation can better protect itself from afar by enticing allies, engaging in substantial trade with weapon-seeking enemies, to put

Unfortunately this embarrassing gaffe was not an isolated incident. Rather, it has characterized this election.

With so many vital and important issues at stake, the media has turned into a mass of ranting ideologues desperate to discredit their opponents by any means necessary.

Turn on any so-called news show such as CNN's *Crossfire* or CNBC's *Hardball* with Chris Matthews, and you will not see a

their economic interests behind the nation's interest in security and survival. Yet the challenger says it is better to engage in negotiations with enemies already possessing weapons without the very same allies. The challenger believes an international organization, which degenerates into debate instead of interceding in acts of genocide, can better serve the Nation's interests.

This is a challenger, however, who gives reason to doubt the substance behind his ideas. A challenger, who calls the Nation's war a distraction, ignoring the fact that the ideology of hatred toward the Nation has spread across parts of two continents and that allies cannot be charmed into a "distraction." A challenger who lays claim to being the best man to win a war not even worth fighting, so as to appease his supporters who want him to call home the Nations soldiers, and appeal to those who do not. A challenger who bases his credibility not on his 20 years in government, but his four months in a 30-year-old conflict that he came home from accusing those he stood shoulder to shoulder with of war crimes; a conflict that he has already lied about the extent of his participation in. A challenger who willfully lied to make his public contradictions seem like honest mistakes.

That challenger is John Kerry. Now imagine that Nation is Canada, and those buildings crumbled down onto downtown Toronto.

rational discussion of the merits and drawbacks of each party's platform. No, you will see crazed ideologues threatening that if the other candidate wins, then the fate of the Republic is in jeopardy. Or they rant about Vietnam and whether Democratic nominee John Kerry was where he said he was on a particular day thirty years ago.

This senseless ranting is not the role the media is supposed to fill. Yet due to the media monopoly, those speaking out against this situation are often not heard. Instead, viewers are subjected to perpetual mud slinging, lies and vitriolic propaganda. That, my friends, is sad.

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# HEAVYWEIGHT CHAMPIONS: LEADING DIET FADS

## Dr. Atkins' New Diet Revolution

The father of "low-carb" diets

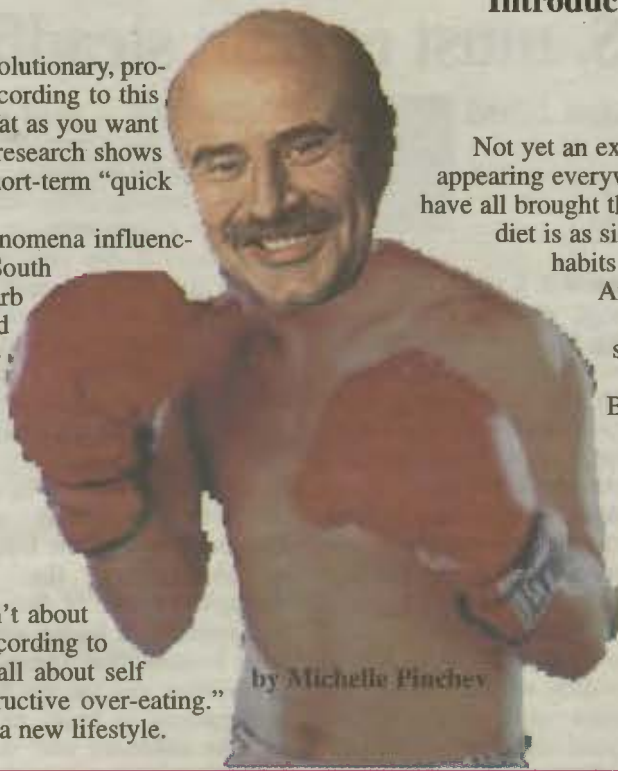
Atkins' nutritional approach was indeed revolutionary, promoting a low carb diet high in protein. According to this approach, you are allowed to eat as much fat as you want but little to no carbs. Although long-term research shows otherwise, many swear by this diet. As a short-term "quick fix," it has worked for many.

Atkins started a worldwide dieting phenomena influencing many other popular diets such as the South Beach Diet and countless others. Low-carb trends spread like wildfire into the food industry leading to a huge market for low-carb products including beer, ice cream and pretty much anything else one could consume.

## Dr. Phil

The psychologist's approach

This doctor believes that losing weight isn't about counting calories, points or even carbs. According to Dr. Phil, the "7 keys" to weight loss are all about self control, and getting away from "self-destructive over-eating." Dieting is only for those ready to embrace a new lifestyle.



by Michelle Pinchev

## Introducing...the Mediterranean diet

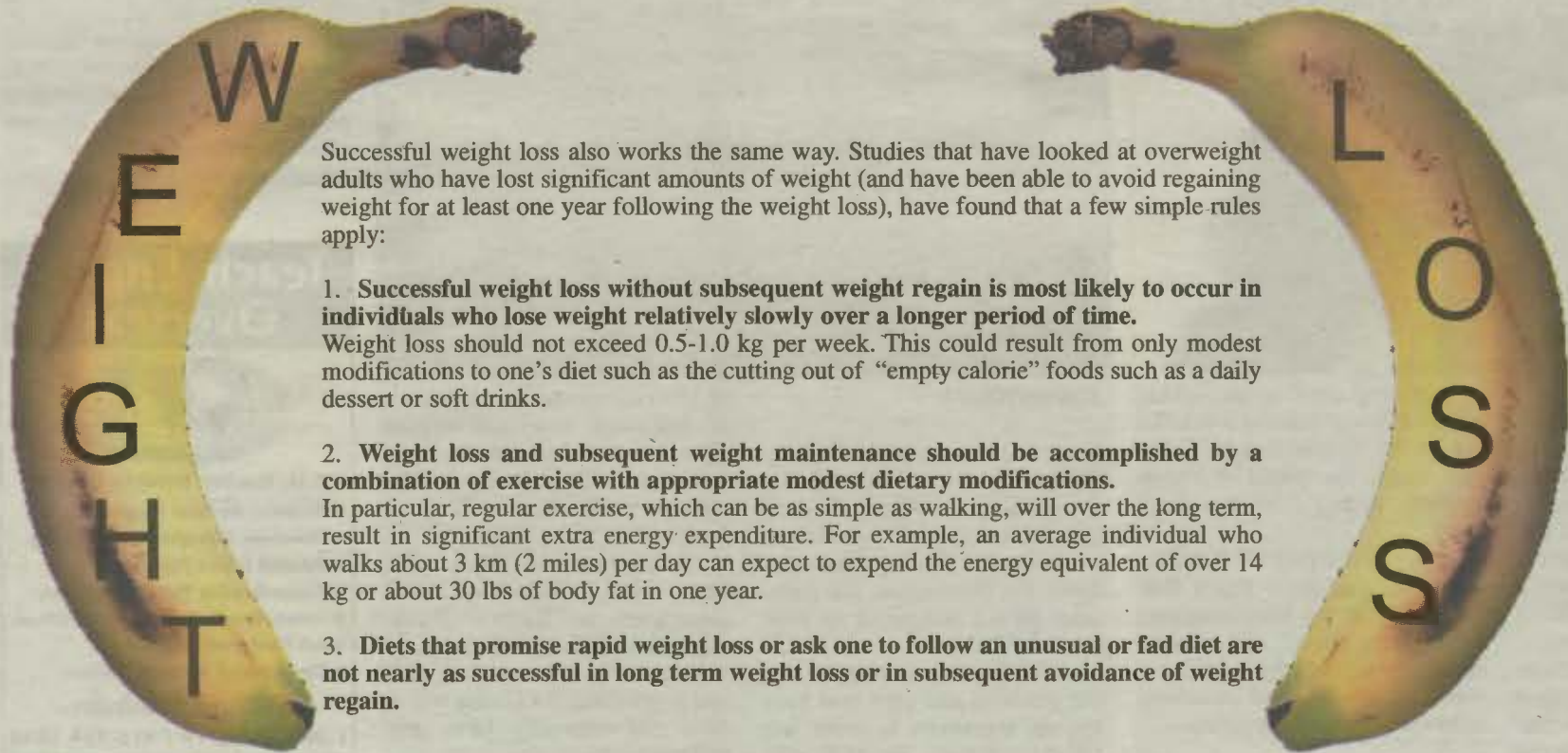
Possibly the next leading trend in dieting...

Not yet an extremely popular fad, recent studies are appearing everywhere; news, talkshows and magazines have all brought this simple diet into the public eye. The diet is as simple as imitating the traditional eating habits of the Mediterranean regions of North Africa, Southern Europe and the Eastern Mediterranean. Studies show relationships between these diets and low rates of chronic disease.

Bread is considered a staple food and is eaten sans butter or margarine. The focus of the diet is on fruits, veggies, whole grains, nuts and seeds. Rice, couscous and legumes such as chick-peas and other such Mediterranean favourites are at the core of many meals.

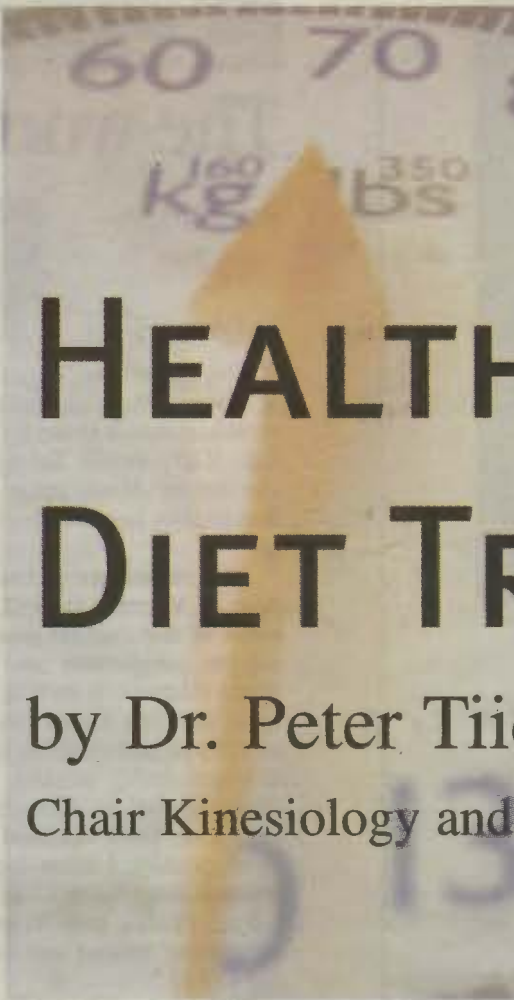


Weight loss is not a difficult concept. Human metabolism is not exempt from the basic laws of thermodynamics. In other words, if energy intake from our diet is exceeded by energy expenditure, resulting primarily from basic cellular functions and energy expending movements (such as exercise or normal daily activities), then body weight will decrease. The reverse is also true, such that when dietary energy intake exceeds energy expenditure, weight goes up. In general, our body's ability to control weight is relatively good. The average moderately active adult will expend and consume approximately one million kilo-calories of energy each year. Despite this seemingly large intake of energy (which is equivalent to approximately 130 kg or about 300 lbs of body fat) most individuals gain or lose relatively little weight over the course of a year. Instead, weight gain in adults usually occurs gradually, with, for example, weight gains in the range of 1-2 kg per year after adolescence. The result is that at age 40 many adults find that they may weigh 20 kg or more than they did in their youth. This is often termed "creeping obesity".



Successful weight loss also works the same way. Studies that have looked at overweight adults who have lost significant amounts of weight (and have been able to avoid regaining weight for at least one year following the weight loss), have found that a few simple rules apply:

1. Successful weight loss without subsequent weight regain is most likely to occur in individuals who lose weight relatively slowly over a longer period of time. Weight loss should not exceed 0.5-1.0 kg per week. This could result from only modest modifications to one's diet such as the cutting out of "empty calorie" foods such as a daily dessert or soft drinks.
2. Weight loss and subsequent weight maintenance should be accomplished by a combination of exercise with appropriate modest dietary modifications. In particular, regular exercise, which can be as simple as walking, will over the long term, result in significant extra energy expenditure. For example, an average individual who walks about 3 km (2 miles) per day can expect to expend the energy equivalent of over 14 kg or about 30 lbs of body fat in one year.
3. Diets that promise rapid weight loss or ask one to follow an unusual or fad diet are not nearly as successful in long term weight loss or in subsequent avoidance of weight regain.



# HEALTHY DIET TR

by Dr. Peter Tii  
Chair Kinesiology and



In a nutshell, eat healthy types of (omega-3 and other more important health than conc the overall quant diet. Weight los best accomplishe combination of a a regular light e



# HEALTH & TRENDS

eter Tiidus  
iology and Phys. Ed.

In a nutshell...

In a nutshell, eating more foods that are high in the healthy types of carbs (low glycemic index) and fats (omega-3 and other forms of unsaturated fats) are more important to the average person's long-term health than concentrating on increasing or decreasing the overall quantity of carbohydrates or fats in one's diet. Weight loss and its long-term maintenance is best accomplished by slow weight reduction using a combination of a small reduction in caloric intake with regular light exercise program.

## HEALTHY DIETS

Research over the last decade or more shows that health issues relevant to macronutrient (carbohydrate vs. fat) intake in one's diet is more complex than just that of quantity. The quality or type of carbohydrates and fats ingested plays an important role in onset and progress of lifestyle-related conditions (such as type II diabetes and circulatory diseases). It is now well documented that certain forms of mono-unsaturated fats, particularly omega-3-fatty acids which are found in abundance in fish, such as salmon, and also in some vegetable oils, can have significant effects on reducing the risk of cardiovascular diseases and diabetes. High quantities of saturated fats, however, have negative effects on risk factors associated with diabetes and circulatory diseases.

### Low-carb vs. conventional diets

Despite claims to the contrary, fad diets such as carbohydrate reduced diets or high fat/high protein diets are not necessarily physiologically more successful in reducing weight in an average population than simple calorie reduction. Although there are good health reasons to limit dietary intake of refined or high glycemic index sugars and to increase intake of specific forms of fats, doing so without reducing total caloric intake as well will have little effect on body weight or composition.

### Glycemic Index

The rate of absorption of carbohydrates varies greatly depending on their form and source.

Carbohydrates that have a low "glycemic index" (a measure of how quickly carbohydrate appears in the blood following ingestion) are digested and absorbed more slowly and therefore do not stimulate insulin response as greatly as others which are more quickly digested and absorbed (high glycemic index carbohydrates).

Diets with large amounts of high glycemic index carbs such as white bread, potatoes, or refined sugar, may promote factors leading to increased incidences of diabetes and circulatory diseases.

In contrast, increased dietary intake of low glycemic index carbohydrates such as bran muffins, whole wheat spaghetti or many fruits and vegetables will have beneficial health effects.

## An interesting study...read this!

A study by Dr. Gary Foster and colleagues which was published in the *New England Journal of Medicine* in 2003, examined the effectiveness of low-carb diets in long-term weight loss in obese men and women. Subjects were divided into two groups and instructed to follow either a low-carbohydrate (Atkins type) diet or a conventional high carbohydrate, low-fat diet, both with equal levels of calorie restriction, for one year.

The study found that while the low-carb group tended to initially lose more weight in the first 6 months of the study, there were no differences between groups after one year.

Neither group was able to lose as much weight as predicted by the amount of calorie restriction ideally suggested by the diets and both groups lost significant numbers of subjects due to inability to adhere to the programs. What this tells us is that it may be easier for some individuals to more closely follow a low-carb diet than a conventional diet (although neither group was able to completely adhere to their diet plans). However, any adherence advantage the low-carb diet may initially have is lost over the longer term. It also indicates that the low-carb diet is only as good as its ability to restrict calories and that it does not have any special physiological effects (such as reducing fat deposition due to insulin restrictions) which aid weight loss beyond the effects of caloric restriction alone. Furthermore, since neither group was instructed in an exercise plan to accompany the diet, the long-term effects of sustained weight loss may have faced further limitations.



# Students want proper learning space

*Complaints made by faculty and tuition payers go unresolved even after student petition is presented*

JOANNE SPANNINGA  
Cord Student Life

If asked about their classroom experiences, university students across Ontario will rarely include descriptions of wailing babies, knee-high drinking fountains and the ambiance of a gymnasium. That is, of course, unless you are a student, primarily from the Faculty of Arts at Laurier. For Melanie Scharf, a fifth year Honours English student, the daycare centre next door to the St. Michael's building is the "straw that broke the camel's back."

**"St. Mike's?... I had a tutorial there first year. That's the only time that I ever saw the inside of that sad little elementary school."**

- Graham Edwards, third year  
Business and Computer Science

Scharf believes St. Mike's to be a severe hindrance to her education, and refers to the building as "an embarrassment to the school" as a whole. She sees it as a reflection of how "education doesn't seem to matter at this

school as much as it does at other schools."

Having attended six classes over the course of four years in the elementary school building around the corner, Scharf has had enough, and is now fighting on behalf of future Arts students to have the building adjusted to meet a higher standard for learning.

On Monday, September 27, Melanie Scharf submitted a petition of 73 signatures to Dean of Students, Davis McMurray, requesting that the noise level around the building be controlled, or that classes be moved to a more suitable location. By Wednesday the petition had been denied with an explanation that did not address the issue. Scharf was simply told that there was no room. This reply was unacceptable to Scharf and she is planning her next step. Having convinced McMurray to address John Metcalfe from the Registrar's Office on her behalf, and pending a meeting with Dean Robert Campbell, head of the Arts Faculty, she hopes to inspire changes. If no solution is proposed Scharf is prepared to write to the *Kitchener-Waterloo Record* to let the public know what the thousands of dollars paid in tuition is providing for



Erin Moore

St. Michael's Campus, located across the street from Wilfrid Laurier's main campus, is leaving Arts students with a bad taste in their mouths as they deal with crying children and cold rooms.

students.

Scheduling class at St. Michael's is not solely academically inconvenient; it is considered by students like Scharf to be insulting to the Arts Faculty in comparison to other university faculties.

When asked what he thought about classes at St. Mike's, Graham Edwards, a third-year Business and Computer Science major replied, "St. Mike's? The campus? I had a tutorial there first year. That's the only time that I ever saw the inside of that sad little elementary school".

Truth be told, the majority of business students have not seen,

and will not see, what Arts students must endure. The torment of excessive heat in the summer and winter, connected classrooms, cracking or malfunctioning microphones, crying babies, traffic noise and facilities built for children, somehow does not warrant spending four to five hundred dollars in tuition per class.

McMurray and Campbell are sympathetic to the situation. McMurray believes that "if it's to the point where the rooms are too disruptive, the University needs to look at other alternatives" to holding classes in rooms 103 and 105, even suggesting that the

school "close the classrooms" if no other alternative is offered.

Campbell is currently looking into improving the heating, cooling and ventilation system in the building, realizing that "if the environment is not conducive to good learning, it must be addressed."

Both of the Deans claim to have been unaware that St. Michael's was a negative issue to students and Campbell, who has taught classes in the building and understands its weaknesses, urges them to bring issues, comments or complaints to the Student Arts Council.

## Obstacles overcome by Radio Laurier Marathon

*Campus club runs successful event raising \$500 for WUSC*

JESSICA PETER  
Cord Student Life

Radio Laurier's slogan is "Turn us on and pleasure yourself". During their 50 Hour Marathon, Wednesday September 29 at noon until Friday October 1 at 2 pm, they definitely pleased Laurier, but it took some work to get it there.

Overall, RL was able to raise approximately \$500 for WUSC (World University Service of Canada), an international development group on campus, which

sponsors student refugees to come and study at Laurier.

The basic idea was simple: DJs broadcasted their shows for the full 50 hours, along with other events and entertainment, to raise money for WUSC, raise awareness for Radio Laurier and have a little fun along the way. However, there were several difficulties and some general bad luck that made it hard for the events to run smoothly.

The scheduled events were quite extensive, but some did not actually end up happening. For

one, the marathon did not take place at all last year, so there wasn't much for the executive members of the station to base this year's event on.

However, despite difficulties, most of the events went as planned. The first night there was the acoustic show with Glory Fades covering the evening. However, it was what Events Coordinator Tolga Hocanin referred to as "an acoustic show, but not acoustic per se," since it turned out to be a little more than just that. The well received band decided to bring and use all of their equipment instead. There were also about 10 people who took advantage of the open mic as part of the event.



Radio Laurier

**"Summer Hero had a great stage presence and energized the show."**

- Rowena Garcia, Political  
Science/Global Studies

Wednesday night, several DJs stayed overnight in the Concourse to broadcast their shows. Even with some of them running on no sleep at all, the RL team got through the full day Thursday, and made it to that night's headlining event.

First up were the MC Battles and break dancing with TKO being the ultimate winner. Due to last minute dropouts however, the break dancing competition that

Students and sleepy Radio Laurier volunteers took advantage of the fun times provided by the three bands playing Wilf's on Thursday.

had been planned turned into free-styling. This portion of the Marathon was an effort to promote hip-hop on the Laurier campus.

The largest event of the marathon was the packed concert at Wilf's later that evening, with One Short, Five Blank Pages and Summer Hero. The show also featured the DJ Auctions. Several DJs were auctioned off as dates for a night and the winner would also get to co-host their show for the next week. Many DJs sold for over \$50. As DJ Dan Kunz said, they received "more money for the DJs than expected."

The concert itself went well, with Oshawa's Summer Hero

opening with fast punk that had people's heads bobbing. Rowena Garcia, a second-year Political Science/Global Studies major, said that, "Summer Hero had a great stage presence and energized the show."

By the time Brampton indie rock band Five Blank Pages came on, the crowd had gotten a little too raucous to fully appreciate them. One Short, the champions of last year's Battle of the Bands, and what Hocanin calls "Laurier's prize band", were the headliners and were also well received.

All those involved seemed to enjoy themselves as the evening ended on a successful note.



Radio Laurier

A Radio Laurier volunteer seeks donations for the World University Service of Canada, who received the proceeds of the event.



# Vocal Cord

Does St. Mike's provide for a sufficient learning environment? Should we move classes from there if possible?



JOEL AZZOPARDI  
SECOND YEAR  
PSYCHOLOGY

"It's alright, it's got blackboards in it."



CRAIG LAFFERTY  
SECOND YEAR  
PSYCHOLOGY

"It's fine, it just sucks that it's across the street."



MICHELLE DEDECKER  
FOURTH YEAR  
BIOLOGY

"It meets the expansion needs of the University, and it's close by."



CHRIS MACDONALD  
SECOND YEAR  
BIOLOGY

"It depends, it's up to the professor and the students to provide the adequate learning environment."



GREG FLYNN  
SECOND YEAR  
PSYCHOLOGY

"Definitely move classes if possible, to somewhere closer on campus."



ROULA MARKOULAKIS  
SECOND YEAR  
KINESIOLOGY

"It's fine for tutorials, not lectures."

## Horoscopes

### Happy Birthday Libra! (Oct. 6-12)

Something unexpected will happen as a result of meeting someone new. They will have a new way of looking at things and may have a surprise for you on your birthday. Don't look deep into situations; the results won't be what you first think.

### Libra (Sept. 23-Oct. 22)

Make sure you stay on top of your financial situation. Money is leaving you as fast as it's coming in. It's better to save for unexpected problems than to drain your bank account completely.

**Luckiest day: October 6**

### Scorpio (Oct. 23-Nov. 21)

You may have to make a choice over friends. If more than one person is asking for your attention do your best to pick the most deserving person to help. Some choices are going to be more obvious than others.

**Luckiest day: October 12**

### Sagittarius (Nov. 22-Dec. 21)

You are going to be able to control most situations going on around for the next while. Use your charm and charisma to put people who don't have it as lucky at ease. Many friends could be coming to you for advice.

**Luckiest day: October 7**

### Capricorn (Dec. 22-Jan. 19)

If you are feeling left out or a little lonely it is only because you are withdrawing yourself from activities. If you put an effort into participating with other activities, life will become a little more interesting.

**Luckiest day: October 6**

### Aquarius (Jan. 20-Feb. 18)

If you have taken on too many things to do you are going to start feeling the pressure of all these tasks. The best solution is to deal with one problem at a time and not to combine any of your tasks or issues.

**Luckiest day: October 7**

### Pisces (Feb. 19-Mar. 20)

If it feels as though you are always picking up the pieces of everyone's problems it's because people feel they can trust you. Make sure nobody is taking advantage of your kindness; though, draw the line somewhere.

**Luckiest day: October 12**

### Aries (Mar. 21-Apr. 19)

If you are looking at a relationship, either with a friend or with a partner, make sure you are getting what you want out of the friendship. Don't be told by anyone what to do. You have to make up your own mind.

**Luckiest day: October 9**

### Taurus (Apr. 20-May 20)

You could be in for some kind of conflict in the workplace or at school. Someone could do something that doesn't please you at all. Make sure this person knows what you think and don't let them get away with anything.

**Luckiest day: October 10**

### Gemini (May 21-June 21)

Don't let an authority figure tell you how to run your life. You are well aware of what to do and what results you want to achieve. Take any positive advice being offered to you, it may come in handy later on.

**Luckiest day: October 7**

### Cancer (June 22-July 22)

There could be a lot of change coming for you and around people you know. Over the next while it will be better to think more creatively than logically. Don't run from any problems, it's better to solve them right away.

**Luckiest day: October 12**

### Leo (July 23-August 22)

If friends or family are quarrelling with each other and they want you to solve their problems, do your best to help them, but don't feel obligated to fix everything. Mediate between the two parties and everything will work out.

**Luckiest day: October 8**

### Virgo (Aug. 23-Sept. 22)

Any extra work you put into projects or school work will pay off in the long run. A lot of really good things could be in store for you over the next little while if you maintain a positive outlook on whatever you're doing.

**Luckiest day: October 11**

Daniel Roth is a Journalism graduate of Conestoga College and is currently a Communication Studies student at Wilfrid Laurier. He has studied Astrology and other topics of that genre for almost ten years.

## Food for Thought

ANDREW BOLTER  
LAURIE SADOWSKI  
Cord Food Critics

Triptophen is one of my favorite drugs! The feeling of waking up on my couch with my face wet from my own drool may happen more than once a year, but when I see my belt on the floor and the gravy stains on my shirt I know something very special has just happened. That something special is Thanksgiving.

The feeling I get before digging into a traditional turkey dinner with all the trimmings is definitely the same as what Godzilla might feel gazing at a newly constructed metropolis. We briefly admire our prey, swiftly plan our attack and then destroy as much as we can, as quickly as possible. But while Godzilla usually starts with an appetizer of about 30 Japanese men and a couple of cars, I prefer a medley of mashed potatoes, stuffing and turkey, all topped with a pitcher of gravy. My advice is to use the gravy to your advantage. The more gravy you put on, the less chewing you have to do and the longer you can continue eating.

After the dining room massacre finishes, and any dishes not broken are washed, it's time for you and your now-delusional family to pass out. Some students, however, will be staying

here for Thanksgiving. It may be because they live too far away, have to work in Waterloo or have some other reason. It is for this reason that every year, whether I go home or not, I have a Thanksgiving dinner here, in Waterloo, with my friends.

Each year a couple of people buy and cook a turkey, and the rest bring vegetables, mashed potatoes, stuffing, cranberry sauce and, of course, pumpkin pie. Everyone has different recipes and dishes that they have at their house at Thanksgiving and this is a way you can get the best of numerous people's family traditions.

Here are a couple of winning Thanksgiving recipes to add to your meal.

### Mashed Potatoes

First, open a bag of potatoes and cut off ugly parts, but keep the skin on. After you cut the spuds into quarters drop them in boiling water and cook them until a knife slides through them with no effort. Next drain the water and add one stick of salted butter, a couple dashes of milk or cream and salt and pepper. Mash them and you're done.

### Homemade Cranberry Sauce

Mix 1 cup of sugar in 1 cup of

water in a saucepan and dissolve. Bring to a boil, add a 12-ounce bag of cranberries, and return to a boil. Reduce the heat and boil gently for ten minutes, stirring occasionally.

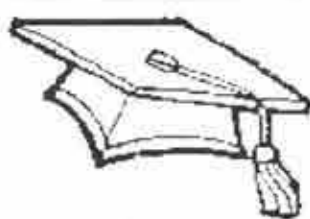
### Pumpkin Cake

Take 2 cups of flour, 2 tsp. of both baking powder and cinnamon, 1 tsp. of both baking soda and salt, 4 eggs, 2 cups of pumpkin, 1.5 cups of white sugar and a cup of oil. Mix the dry into wet ingredients, and pour in an ungreased 9" x 13" pan. Bake at 350 degrees for 25-30 minutes. Cool, and then add the cream cheese icing. Just mix together 1 cup of butter, a 4-ounce stick of cream cheese, and 1 lb. of icing sugar.



Contributed Photo

Oh Boy Meets World. Food fights at Thanksgiving spread the love.



Considering Further Education?

Don't Miss Laurier's...

## Graduate and Professional Education Fair

Wednesday, October 13, 2004

3:30 p.m. to 6 p.m.

Paul Martin Centre, Concourse and Senate & Board Chamber

Meet with representatives from over 60 graduate, professional and post-degree college programs from across Canada and international locations.

For more information and a list of participants, please visit our Web site <[www.wlu.ca/career](http://www.wlu.ca/career)> and look in the special events section.

Community Members Welcome!

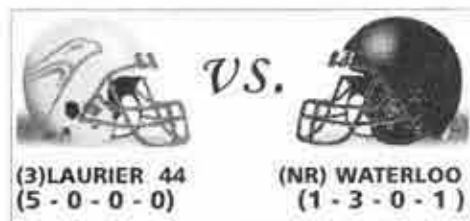


Laurier Career Services  
the cornerstone of a great career



# More bully than battle on gridiron

**Hawks prove too strong for University Avenue counterparts; remain undefeated, second in Canada**



- **Dominance**, from cover

The Hawks offence was piloted by running back Nick Cameron, who collected 157 yards on 20 carries, including the first two touchdowns of the game. Cameron, who was awarded player of the game, attributed the team's success to a combined team effort.

"All three units are coming together," said Cameron adding, "we're a confident bunch of guys."

He noted that his personal success was the direct result of an "exceptional" offensive line. The five big men anchored by fourth-year Ryan Jeffrey and maintained by Andrew Dietrich, Kyle Weston, Mitch Zappitelli and rookie Wayne Brock, put a combined weight of 1400-pounds to work against the Warriors.

QB Ryan Pyear entered the

game with an impressive average passing yardage of 276 per game. Such a number was difficult to match on a chilly October night as Pyear tallied 170 yards in just over two quarters of action. Pyear's top receiver, Andrew Baechler added to his All-Canadian numbers catching for 101 yards on three receptions.

**The offensive line put a combined weight of 1400 pounds to work against the Warriors.**

Baechler now sits at second in the CIS in receiving yards, while Pyear is third in total yards. The two players connected on a highlight reel 60-yard gain, that saw Pyear drop a gem to Baechler in the second quarter. The second-year may have marched the distance had it not been for a lone Waterloo back that caught Baechler's ankle.

Laurier's defence once again proved why they are the backbone to this Hawks team, by limiting the Warriors to just 181



Erin Moore

After leading the Hawks on to the field, Lee Maggiamo gets a quick helmet tune-up.

yards in total offensive. The defence was led in large part by linebacker Yannick Carter who spent most of Saturday night blitzing the Warrior backfield and finished the game with three and a half tackles. Safety, Ian Logan, had a strong outing as he collected both of the team's intercep-

tions.

But for the 2,000 in attendance, the highlight of the lop-sided game may have occurred early in the fourth quarter. Following a Hawks' TD by back-up Adam Sheerer, the stadium announcer informed the audience of the TD, but inadvertently left his microphone on. After a pause, a lucky crowd heard the announcer's personal reflection on Waterloo's performance. "That was pathetic."

Also red in the face, were Ottawa and Alberta who lost in week five action. The losses allowed Laurier to claim sole possession of first place in Ontario and the second highest ranking in Canadian collegiate football.

The remaining three games for the Hawks, against Guelph, York and Ottawa, should formulate into three victories, as Hawks'

players and fans anticipate a perfect regular season and what could be a long play-off run.

Cameron, however, is reluctant to glance too far into the future. "We'll take each game as it comes and continue to play hard."

## OUA Standings

Team	W	L	OTL	PTS
<b>Laurier</b>	5	0	0	10
McMaster	4	1	0	8
Ottawa	4	1	0	8
Western	3	2	0	6
Guelph	3	2	0	6
York	2	3	0	4
Windsor	2	3	0	4
Waterloo	1	3	1	3
Queen's	1	4	0	2
Toronto	0	5	0	0

## Ladies tie on the pitch, again

**DAN POLISCHUK**  
Staff Writer

It was a game of inches for Laurier's women's soccer team on Sunday as they reeled off a fourth straight draw. This time though, it was a 0 - 0 score against Windsor.

In a season that the team has seen a drop-off in the goals-for column, Sunday's game didn't prove to be much of a morale booster.

The bad luck continued in the late portion of the first half as Nadia De Faven was denied a goal on a sensational diving save by the Lancer's goalkeeper.

Going into the second half, the home side looked determined to end the drought. The plan nearly backfired as a Lancer's shot from close in hit the crossbar of the Hawks' goal and deflected downward to the goal line. A scramble ensued, in which keeper Marie Bryce grabbed the ball before it was

pried from her grasp and driven into the net. The official, however, ruled that it was not a goal because Bryce had control of the ball. The score therefore remained unchanged.

### Windsor 0 - 0 Laurier

The Hawks had two magnificent chances to put the game away in a span of five minutes. In the 77 minute, a flurry in the crease area popped the ball in the air but was headed off the Lancer crossbar. The 81 minute produced a beautiful cross into the goal crease again, but the Laurier forward deflected her kick off the bar.

Overshadowed by the lack of scoring was the team's always stifling defensive play, which may be considered among the best in the OUA this year. Laurier will hope it continues as the team takes on RMC at home on Friday.



Narges Bayani

Despite this effort, the Hawks were unable to score in the 0 - 0 tie

## TOP TEN

1. MONTREAL (2)
2. LAURIER (3)
3. SASKATCHEWAN (4)
4. LAVAL (5)
5. SAINT MARY'S (6)
6. MCMASTER (7)
7. ALBERTA (1)
8. CONCORDIA (9)
9. WESTERN (10)
10. CALGARY (NR)

## Hawks plan on battling "to the end"

**DAN POLISCHUK**  
Staff Writer

The winds of change were certainly blowing through University Stadium Sunday afternoon as the men's soccer squad impressively defeated the Windsor Lancers 4 - 1.

### Windsor 4 - 1 Laurier

It was a game in which the blustery conditions added a breath of fresh air to a Laurier team that had to get back into the playoff hunt. This may have explained why there seemed to be a new looking squad on the pitch; one which showed much more emotion and dedication - two things which had been lacking for much of the early part of the season.

Getting the ball rolling for the 'new-look' Hawks in the 31 minute was Ned Jovanovic. Receiving a bouncing pass, after defender David Cox had stopped a Lancer clearing attempt, Jovanovic was able to strike the ball off the far post and behind

the 'keeper for a 1 - 0 lead.

Daniele Toto doubled the lead less than a minute before half time with a shot about 20 yards off on the wing.

Usually with a lead like this, the 'old' Hawks would have just sat back and waited for the game to wind down. Not so this time as Michael Del Rossi and Henry Aguilar added goals of their own in the 67 and 78 minute respectively to seal the victory.

**"We're in a battle right now, and this game was especially huge for us."**

- Jason Lyall, team captain

A last minute goal by Windsor midfielder Marc Mills spoiled Allen Lourenco's shutout bid.

Laurier team captain Jason Lyall believed that it was just a matter of time before the real Golden Hawks showed up.

"The attitude of the team really dropped off in the earlier

games, but I think it was just a matter of having a lot of first years and helping them to learn how to win," said Lyall. "We're in a battle right now, and this game was especially huge for us-being able to push Windsor down in the standings," he added.

When asked which Laurier team to expect for the rest of the season, Lyall confidently responded, "This is the team right now that's gonna battle right to the end."



Rowena Garcia



# What I learned from RJJ

Brian D'Souza



Staff Writer

The first time I saw Roy Jones Jr. fight was in February 2002 against a garbage man named Glen Kelly. In the seventh round, Roy had worn him down enough to start showboating. He stood against the ropes, with his hands behind his back, and lured Kelly in. Quick as lightning, Kelly got rocked by Roy's fast hands, and was put down for the count.

This was the type of performance that had made him a virtually undefeated champion, and a despised, egotistical superstar. Even though he had vanquished greats like Bernard Hopkins and James Toney, people refused to give him respect. They called him an arrogant fool who had wasted his talent fighting tomato cans. They criticized him for not fighting overseas against the linear Light Heavyweight Champion, Darius Michalczewski, even though Jones was afraid of being robbed by foreign judges ever since the 1988 Seoul Olympic scandal where the Korean boxer he faced in the finals was given a gift decision.

On September 25, Roy stepped into the ring in a somewhat unfamiliar role as the challenger. He wore Andre Ward's Olympic gold medal, a symbol of both American power, and the decline of the U.S. as a boxing powerhouse at the ama-

teur level. What he was slowly distancing himself from was his prime years as an athlete and in a few minutes he would go from walking into the ring to hobbling like an old man out of it.

The opening bell rang, and Glen Johnson moved from the corner opposite Roy to close the distance. For almost fifteen seconds in the third round, the audience lived in a time warp where they thought that they were watching the RJJ of old: hitting and running, making it look easy against the best of the best. Then, in the ninth round, after being mercilessly beaten on the scorecards, the lights went out for Roy.

He lay on the canvas for minutes, not seconds. This was far worse than his previous KO loss to Antonio Tarver in May. Old-timers everywhere felt pangs of fear as memories of Gerald McClellan, the boxer who was first put into a

wheelchair, were revived. At 35 years of age, RJJ had lost the very physical gifts that helped him win. He was left with his unorthodox style—and a lack of defence. After beating John Ruiz for the WBA Heavyweight title in March 2003,

coming back down to the 175 pound weight class took its toll on Roy's body, and his decline began.

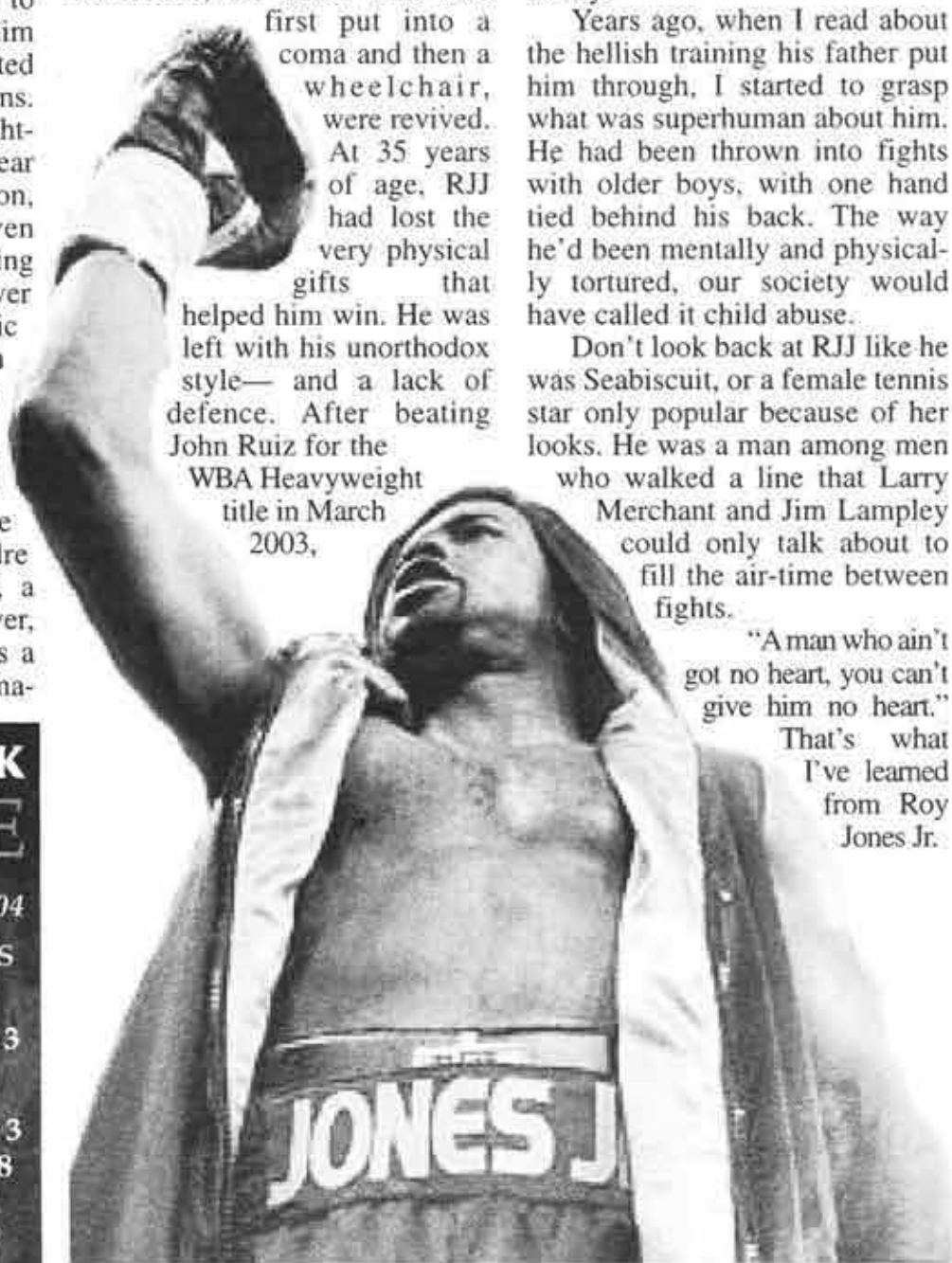
**They called him an arrogant fool who had wasted his talent fighting tomato cans.**

Make no mistake that despite the two KO losses this man was the definitive fighter of my generation. He wasn't likened to a crazed gorilla the way Tyson set himself up for it. He was a guy from a rural area, just like me, who managed to project an image of urban sophistication and street toughness. He never lost control of himself outside the ring, and never let himself get fat and unruly like James "Let's Eat" Toney.

Years ago, when I read about the hellish training his father put him through, I started to grasp what was superhuman about him. He had been thrown into fights with older boys, with one hand tied behind his back. The way he'd been mentally and physically tortured, our society would have called it child abuse.

Don't look back at RJJ like he was Seabiscuit, or a female tennis star only popular because of her looks. He was a man among men who walked a line that Larry Merchant and Jim Lampley could only talk about to fill the air-time between fights.

"A man who ain't got no heart, you can't give him no heart." That's what I've learned from Roy Jones Jr.



**Cord Sports' weekly update on varsity at Laurier**

## LACROSSE HAWKS CONTINUE TO DOMINATE

To say that the Golden Hawks women's lacrosse team is on a tear would be a gross understatement. The women travelled to the University of Guelph this past weekend and again put on a show. In the first game, the ladies

used a balanced attack to down McMaster by a score of 7 - 3. Erica Howard, Jenna McCoubrey and Leanne Nicholls had two goals apiece, while veteran Kathleen McCrae netted one. Later in the day, Laurier proceeded to trounce the host Guelph Gryphons by a score of 16 - 8.



www.laurierathletics.com



## ARGO-NOT GOING TO HAVE A DECENT PLACE TO PLAY ANY TIME SOON

Contrary to popular opinion, the Toronto Argonauts still exist as a CFL franchise in the big smoke. Overall, the Argos' history is only slightly less amusing than the Buffalo Bills' which is still downright hilarious. Not only did the Argos' move from an awful outdoor stadium nicknamed 'the mistake by the lake' into an awful indoor stadium nicknamed 'a piece of blue concrete shit,' but their latest plans for a new home at Varsity Stadium fell by the wayside thanks to University of Toronto bureaucrats. Apparently, a joint venture with Soccer Canada and the CFL doesn't make financial sense for the school. I applaud U of T for maintaining slightly more sense than the creators of Home Alone 3.



## MANCHESTER UNITED STATES OF AMERICA

The threat of an American taking ownership of Manchester United has sent fans of the English Premier club into bloody hysterics. Malcolm Glazer, who owns the Tampa Bay Bucs, and looks like a hobbit on steroids when he smiles, currently holds a 19.2 percent stake in United, and has reportedly expressed interest in buying out two Irishmen to hold majority ownership. Glazer, although hated in Manchester, can take comfort in knowing that the locals practice their own form of amnesia every night involving several pints of Boddington's and a gutter which predictably results in a blank slate every morning.



## JORDAN'S LACKEY SET TO RETIRE

He is one crazy looking character, and as of Monday, Scottie Pippen can spend even more time looking crazy now that basketball is off the agenda. Pippen, who was a large part of the Bulls' six World Championship teams in the 90s, had decided to hang up the sneakers after 17 years in the Association. Pippen will be remembered as the lesser half in one of the best basketball tandems of all-time, and a player who has less jersey sales than Andre "Red Light" Racicot. I mean really, no one owned a Pippen jersey. If you were a Bulls fan it was either Jordan or Bill Wennington.



## JOHN CERUTTI (1960-2004)

As a player, and more recently a television analyst, John Cerutti's career with the Blue Jays spanned over three decades. He was a man whose talent for the game was dwarfed only by his passion for it. Fans in Toronto have been through a lot over the past ten years, but nothing hurts as much as this.



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Offensive star for the Hawks was Nicholls again, as she added four more goals to give her a total of six on the day. Heather McHardy had a strong second game with three goals and four assists. The women sit atop the OUA standings with a record of 5 - 0.

## HAWKS TRAMPLED BY 'STANGS

The men's rugby team had a rough day on Saturday as they lined up against the host Western Mustangs during their opponent's Homecoming weekend. It was a game to forget for the Hawks, as they lost the match 55 - 5. Laurier now sits at 1 - 4 on the season and is in a three-way tie with Windsor and Guelph for last place in the OUA.

## MAC WINS THIS TIME

Laurier's women's rugby team travelled to Hamilton on Saturday afternoon to take on the McMaster Marauders. Unfortunately for the team, they ended up on the wrong end of a 31 - 10 score to drop their season record to 0 - 3 - 1. Laurier is now in the basement of their

division as they prepare to battle Brock on Friday afternoon. Melissa Paterak and Lindsay Rogers scored tries in the losing effort.

## MOHER ATTEMPTING TO MAKE THE CUT

Wilfrid Laurier's own Riley Moher will appear on the CBC show Making the Cut this Tuesday night at 8:00pm. The rugged defensemen led the Golden Hawks blueliners with four goals last season.

-compiled by Mark Hopkins



www.laurierathletics.com

## GOLDEN HAWK UPDATE

Week of to October 4-8, 2004

### LAST WEEK'S RESULTS

10/02/04  
M Football 44, Waterloo 3

10/03/04  
W Lacrosse 7, McMaster 3  
W Lacrosse 16, Guelph 8  
M Soccer 4, Windsor 1  
W Soccer 0, Windsor 0

### UPCOMING HOME GAMES

10/07/04  
W Volleyball vs. St. FX  
7:30 PM, Athletic Complex

10/08/04  
M Soccer vs. RMC,  
1:00 PM, University Stadium

W Soccer vs. RMC,  
3:00 PM, University Stadium

10/10/04  
M Basketball vs. Bradley  
NCAA Division 1 Team  
12:00 noon  
Athletic Complex

Women's Hockey  
Thanksgiving Classic:

Sat. Oct 9  
1:30 PM Concordia vs U of T  
4:30 PM McGill vs Laurier

Sun. Oct 10  
5:30 PM Laurier vs Concordia  
8:30 PM U of T vs McGill

Mon. Oct 11  
1:30 PM 3rd vs 4th  
4:30 PM 1st vs 2nd

www.laurierathletics.com



# Smuggling reality in with all that heroin

**Maria Full of Grace sheds light on the human face of the international narcotics trade**

Stefan Sereda



Arts Editor

## Maria Full of Grace



out of a possible 5 fudgicles

**Actors:** Catalina Sandino Moreno, Yenny Paola Vega  
**Nutshell:** A 17-year-old uses her body to smuggle smack

Imagine swallowing approximately sixty baggie-like pellets of heroin, each weighing 10 grams. Now imagine fitting them into your digestive system when you already have a fetus in your nearby uterus to worry about.

For the protagonist in *Maria Full of Grace*, and the thousands of women who smuggle drugs in their digestive systems each year, this premise is anything but imaginary. A disturbing but hopeful story about a 17-year-old Colombian girl who risks her life, and her unborn child's, in an attempt to carry heroin into the United States, the story is a powerfully real tale about the measures taken when one strives for a better life.

Maria, played by newcomer Catalina Sandino Moreno, quits her job in a flower-packaging sweatshop when her boss refuses to let her go to the bathroom, despite her morning-sickness. Burdened with the expenses of taking care of her family and her own secret pregnancy, Maria then dares to improve her situation by becoming a 'mule' — a human

drug carrier. Leaving behind her "drag" boyfriend Juan, Maria meets Felipe and Javier, who set her up on her dangerous trip to New Jersey. The risks are myriad: if the authorities catch Maria, she will face life imprisonment. If a pellet dissolves in her stomach, she will die. The threat of death hangs over her family if even one package of heroin is unaccounted for.

As if the task was not complicated enough, Maria's friend Blanca agrees to smuggle drugs as well, and the protagonist has to look out for her friend's concern as well when they get lost in the U.S.

Writer-director Joshua Marston, who culled the tale from numerous discussions with young women in his Colombian town, crafts a compelling story by weaving layers of complications with internal and external conflict. The result is a film that moves along well, with intense scenes to punctuate the drama. A stand-out scene takes place when Maria loses one pellet in the airplane toilet. Will she eat the pellet all over again? No... no... please, no... yep, she just ate it.

The direction compliments scenes such as this, scenes that emphasize the lack of choice in Maria's, and many young women's lives. Filmed with a rough-grain film stock to give the film a documentary feel, *Maria Full of Grace* is a testament to the gritty realism of a mule's situation in the international drug trade.

The film only falters when it cannot keep up with its extremely edgy story. A lot of the suspense wears off midway through the film even though the complications in the plot keep stacking up.

And while the film's message, "It's what's inside you that counts," is multi-layered and challenging, it is presented in a very heavy-handed way by the direction, after being set-up much more subtly earlier in the film and in the title.

Still, the film's impact remains entirely convincing, with plenty of help from seemingly accurate characters and terrific performers. Many of the actors do plenty with little screen time, such as Wilson Guerrero, who brings some much-needed humour to the film as Juan, the father of Maria's child. The haunting guitar score by Leonardo Heiblum and Jacobo Lieberman evokes even more emotion from the audience, as does Jim Denault's scenery, which discovers a fine balance between constrained and wide-open shots.

Overall, *Maria Full of Grace* is both compelling and convincing, a movie that any filmgoer looking to have their eyes opened to a different culture and human experience should see. The film's refusal to tie up loose ends represents a larger refusal to compromise the film's reality and let the audience leave the theatre ignorant to the struggles people the world over undertake so they can improve their lives.



Contributed Photo  
 Maria bringing heroin through customs. Don't try this at home.

# Music faculty dishes out nooner

Caitlin Howlett



Editor-in-Chief

What I don't know about music didn't matter today.

Presented by Laurier's Faculty of Music this past Tuesday, the latest installment of *Music at Noon* again provided one with the pleasure of relaxing to the sounds of voice and instrument combined.

While still a novice and trying to learn about pieces and movements, I relaxed into my seat beside the usher and reflected on the energy of sound as it rose from the front of the stage to the very back, reverberating off the walls and into my ears.

Mezzo soprano and faculty member, Kimberly Barber, sang the works of Maurice Ravel and Paul Hindemith to a full house in the Maureen Forrester Recital Hall in the John Aird Centre.

Barber was accompanied by Amy Hamilton on flute during the works of Ravel, along with Paul Pulford on cello and Leslie De'Ath on piano. Oboist James Mason, as introduced after *Chansons madecasses*, played the works of Hindemith, accompanied by De'Ath. They both returned to the stage along with Barber and Christine Vljak on the viola, for more Hindemith.

*Nahandove*, a translated French poem, was certainly one of my favourites if not for the music but for the English translation that accompanied the program, including this stanza:

"Your kisses penetrate to the depths of my soul; your caresses burn all my senses; stop or I shall die; can one die from sensual pleasure, Nahandove?"

In the movement *Aoua!*, Barber's abrupt voice cut the silence after *Nahandove*, and startled me and the poor man who had snuck in late and was trying to slide into his seat undetected. *Aoua!*, a song of the invasion of native land, sounded dark and menacing from Barber's mouth — almost conniving, even.

Unlike *Aoua!*, *Il est Doux de se Coucher* had more of a sedating quality. There was a definite sadness about this music, a helplessness that was defined by the deep and dark sound of the plucked cello.

Applause arose and the artists

exited the stage, except De'Ath who was then joined by Mason. Taking a more impromptu approach to the concert, Mason discussed his like for Hindemith, citing him as one of his favourite composers. He explained how "he [Hindemith] seems to cross several centuries" in his music stylings and how there exists a baroque influence. "His music, when you hear it, is kind of an extension of all romantics," said Mason, also noting a 20th century jazz influence. He finished by saying bluntly, "we like playing this."

While the oboe is a somewhat unfamiliar sound to me, it was interesting to watch Mason and the oboe become one, moving in unison to the rise and fall of notes. No wonder he liked playing this. Paired with the piano, this part of the concert was surely my favourite for it seemed to bring about hallucinations of musical notes dancing before my eyes.

The final installment of Hindemith came a bit late, as many student members of the audience hightailed it out of the recital hall, clearly late for class. With looks of guilt across their faces, the students knew they were leaving something much greater than what they were headed toward.

Barber, her green iridescent scarf draped elegantly across her arms, continued with the accompaniment of not only the oboe, but the viola too. In the third part, a trio for the oboe, viola and cello, the viola took centre stage. Vljak, standing up for this, showed a passion and vigor in her playing.

My lunch hour was again time well spent, and I had satisfied my appetite for sound.



Contributed Photo  
 Mezzo soprano Kimberly Barber sings while most of us are eating.

## Cliffnotes: Arts events from the edge... of Kitchener-Waterloo

### Digging for China in Jordan

An archeological dig sponsored by Laurier has uncovered textile buildings in Jordan, thereby unearthing long-buried secrets of ancient Moabite culture. The findings suggest that Moabite culture, which existed from 800-600 BC, included an economy partly based on weaving production. The finding is of significance to the history of the Moabites, since only one history text regarding these people exists. Next time around, maybe Laurier can help unearth the hammer, Mjolnir, which gives Thor his superpowers. Yeh, I'm a nerd.

### Waterloopoly

The Centre in the Square has unveiled a Monopoly-style board game, with a game board that represents Kitchener-Waterloo businesses, landmarks, art communities and attractions. The

game will be on sale at a number of local retailers, including all Sobeys Grocery stores and most Canadian Tire stores. The game costs \$39.99 plus taxes, and all proceeds will go to support The Centre in the Square's School Program and Community Ticket Program. Wilfrid Laurier University appears on the board, but unfortunately, the tree I let my dog poop under does not. I get to be the hat!

### An exhibit for the birds

Tara Cooper's mixed print media exhibit, *Forgotten Stories and Other Bird-Like Movements*, opens in the Robert Langen Gallery on Wednesday, October 6. A reception will be held from 2-3pm on the sixth. The exhibit will run until October 30. I like birds, unless they're like the ones in that Hitchcock movie about the killer birds. I think its name was *Beverly Hills Cop*.

### The best concert since Jimmy Ray

Concert 2 of the Laurier New Music Concert Series will feature music from Glenn Buhr, Cynthia Johnston, ICE, Pete Lamont, Michael McCleery and Alfred Schnittke. The event will take place in the Maureen Forrester Recital Hall on Wednesday, October 6 at 8pm. Admission is free.

### The best concert since... I give up

Pianist Glenn Buhr will be playing his own music, as well as pieces by Charlie Parker, Don Radman, Casey Sokol and Chick Corea during the next *Music at Noon* concert. The performance takes place Tuesday, October 12, at noon, in the Maureen Forrester Recital Hall. Admission is free.

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What's the deal with this kitty-cat!?!?



# A sun-shiny DVD on an otherwise spotty week

## Eternal Sunshine...



out of a possible 5 fudgicles

**Actors:** Jim Carrey, Kate Winslet, Elijah Wood  
**Nutshell:** A couple erases each other from their memories

**ROB CROCCO**  
 Staff Writer

Spawnd from one of film's most innovative script writers, *Eternal Sunshine of the Spotless Mind* is another bizarre and fascinating filmic experience. Written by the eccentric Charlie Kaufman, whose previous credits include *Being John Malkovich*, *Adaptation*, and *Confessions of a Dangerous Mind*, *Eternal Sunshine* lures the viewer into an imaginary world that only Kaufman can produce.

Often complex, Kaufman

arranges his script in such a way that its complexities often parallel the characters themselves. His characters are usually loners, a little weird (whatever that means), and yet at the same time, very much human. The protagonist is Joel, a slightly timorous individual who falls in love with a worthy girl named Clementine. The love story that unwinds is ironic in mode: Joel discovers that he has been completely erased from Clementine's head via a medical procedure that is actually brain damage. With feelings of betrayal and disloyalty, he discovers he has been usurped for another man. Memories of his life with Clementine have contaminated his soul, and out of spite he signs up for the procedure himself.

Memories define who we are; they help to construct our personalities in such a way that is unique from everyone else. In many extreme cases, however, memories can, and do, have the power to taint one's self, as seen in *Eternal Sunshine*.

Paradoxically, the memories that torture Joel are the same memories that he cherishes. As he decides to undergo the procedure to have Clementine completely eradicated from his head, he is relinquishing a part of his true self and as a result, changes his mind during the process.

**By eliminating Clementine, Joel is destroying human understanding and therefore, paralyzing human growth.**

The movie develops into a beautiful love story that mainly takes place in Joel's head. As the medical procedure commences, Joel meets Clementine and together they run throughout his head attempting to hide her in various unlikely places that the medical procedure cannot detect. For instance, Joel brings

Clementine to a childhood memory with hopes of hiding her there, and in turn, fooling the medical procedure. This scene underlines the notion that memories often resonate into each other and by doing so, often change our perspective on life's tribulations in retrospect.

Moreover, Joel's love for Clementine is omnipotent, which is why he is able to channel her into memories that came before her time. In the process, he realizes that his memories invoke his personality in ways he never imagined — they define human emotion both past and present.

Joel also recognizes that memories evoke experience, and by eliminating Clementine, he is destroying human understanding and therefore, paralyzing human growth, knowledge and wisdom.

Without memories, we would be lost in the present without any concept of the future. Memories characterize humanity, but more importantly, shape life. Without them, purpose would be an incomprehensible perception. *Eternal Sunshine of the Spotless Mind* is a film that elucidates the power of memory and its evocative connection to real life.

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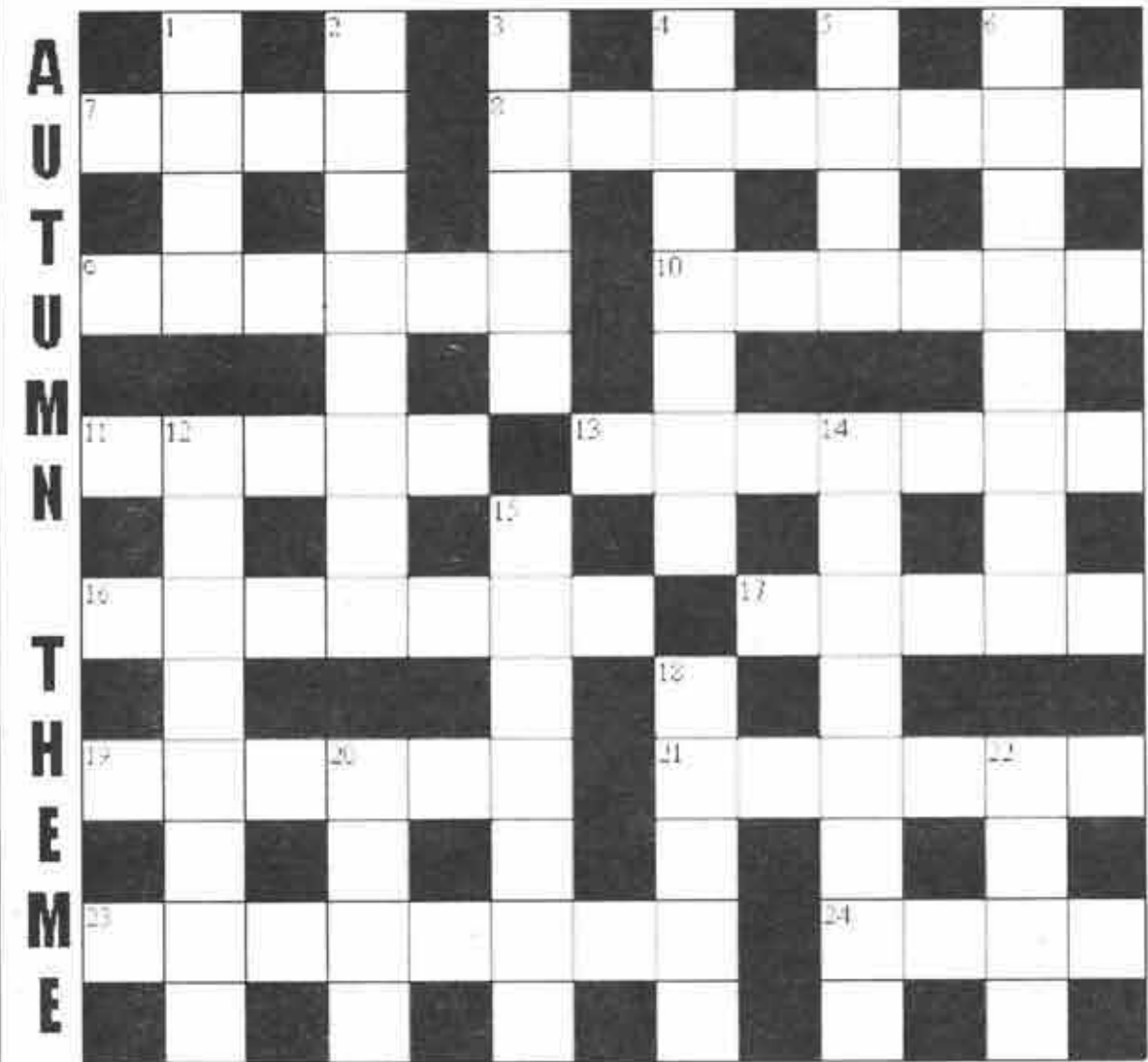
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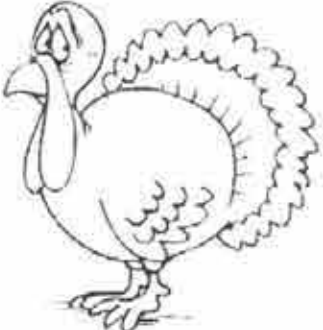


- Across:
- 7. Icelandic prose narrative
  - 8. published notice of death
  - 9. warm sweater material
  - 10. state of mental or physical inactivity
  - 11. place to offer sacrifices
  - 13. to compose and set down letters
  - 16. four-sided shaft of stone, usually tapered
  - 17. Canadian Autumn Fruit
  - 19. turtle monster from Godzilla movie series
  - 21. crown worn as a sign of royalty
  - 23. shake or agitate violently
  - 24. what blood can form
- Down:
- 1. the current season
  - 2. sport not locked-out this Autumn
  - 3. twelve of one item
  - 4. an upcoming test
  - 5. what happy cats do
  - 6. type of forest, lots in Canada
  - 12. Newfoundland and \_\_\_\_\_
  - 14. style of dance, click-clack
  - 18. Black \_\_\_\_\_, snake or Britcom
  - 20. one of the seven deadly sins
  - 22. desire, in Greek

**SCRAMBLOR**, Lord of all Jumbles: Let's talk Thanksgiving  
Unscramble the five scrambled words and use the circled letters to answer the question to the right.

YUTKRE  
PGMILIR  
KATHNS  
NERDIN  
EPI

What happens to the turkey at Thanksgiving?



\_\_\_\_\_



Weekly Bad Drawing... by Pete Cram

This Week: Salami Cinderella *By Pete Cram*

Hi, my name's Nathaniel Dobson! Last night, the grocery store I work for threw an end of the summer bash and I was chillin' and havin' a good time.

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That's right, she left her salami she was eating in the cooler with me. It had a bite out of it so I spent the next 21 days matching her bite to other women who resembled her. I never thought to look her up in the phone book!

I need to see that grill cheese for a minute please.

Finally I found her! Not so much because her bite matched the bite on the salami, but more so because I recognized her and she recognized me! There was something in the air. But that might have been the salami. It hadn't been refrigerated in 21 days.

Well, it's been a crazy story! The two of us got married, had kids and got divorced, but what I remember most is the fact that she left me for a large chunk of Summer Sausage. She never overcame her love of salted meats.

THE END

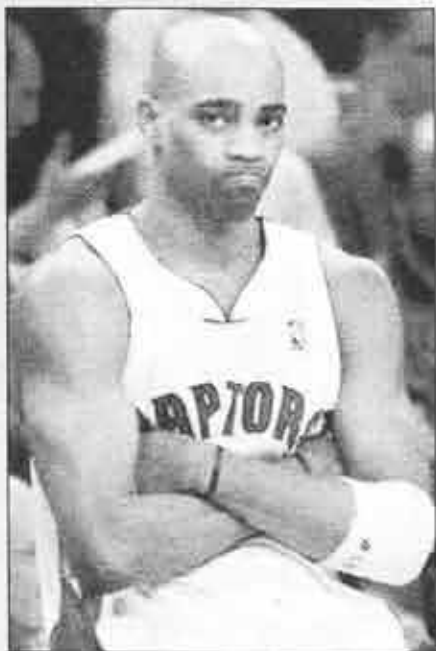
Answers to last week's puzzles!

PERGO  
GROPE  
LTKA  
TALK  
RDKN  
DRINK  
TIRLF  
FLIRT  
EPKU  
PUKE

Where can minors go again?

TURRET

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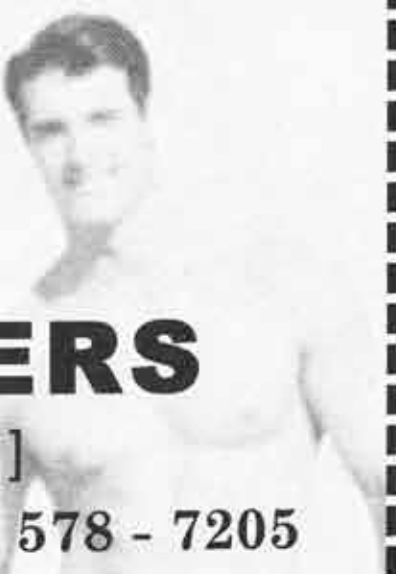
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## PERSONALS

**Happy Birthday Hill**  
Just wanted to wish you a happy birthday in a way that no one has before. Hope this birthday is your best one yet. Lots of love, and more lovin' to come. "wink wink"  
Love always, Mecca

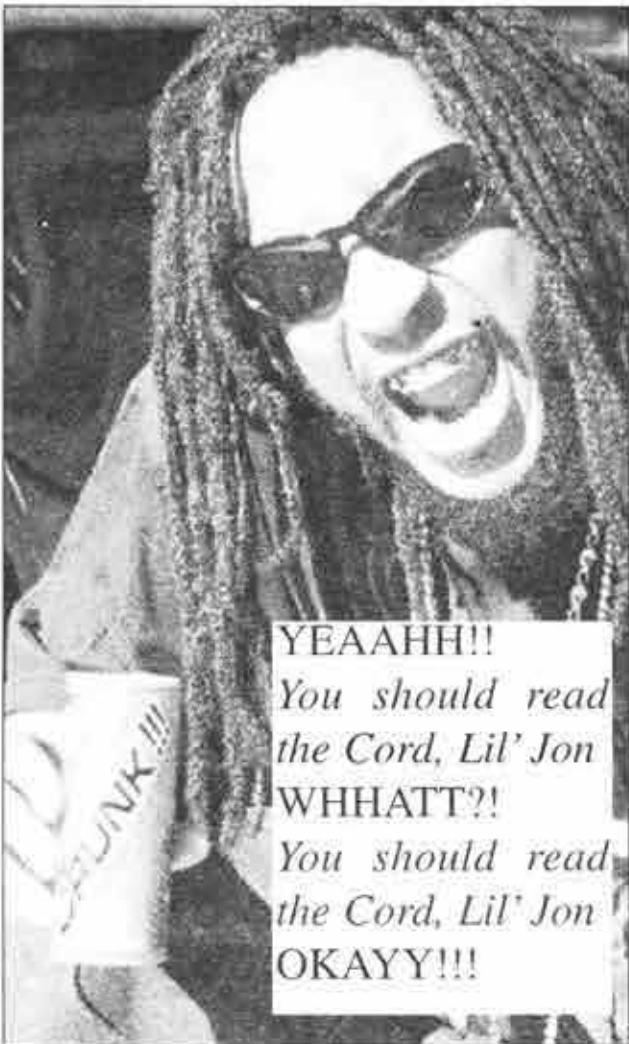
**Happy 19th Lindsay!**  
Hope this birthday is fantastic. Go out and have some fun!  
Your roomies, Richa & Janet

**Hi...**  
We're good people. Success will be ours. My horoscope said so... smile.

**Big Ups,**  
Wanna go booooozin? I hear that random, inside-joke-style shout outs excite people... so thanks to Frazer for threatening to gal the girls down, Brittney for sing out loud blissfully unaware, Erin for having an unbelievably bad taste in loud music, Greg for stuffing hot dogs in his mouth like it's his job, Anjali for being better than Kamil, Kam for being... predictable. The Burnouts for their constant inhouse fights and most of all anyone who took time to read this cliquy shit.  
Peace and Much Love,  
Bryn

**Production would like to take this opportunity to thank:**  
All my new assistants for putting up with my rigid Quark training, tardiness and surliness. Rames for braving production night for the first time. Ananthan for losing faith in Vince Carter, editors for getting their ish done in record time and making my job easy. April for the stuff on McDick's and getting new 21" rims, Leo for downloading the entire second season of Chappelle show. MBE for the chocolate treat, Cee-Lo and Pharrell, Queens of the Stone Age, Lil' Jon and Crunk Juice, the Crabs, Mike for kicking me and not remembering, City of God for kicking ass, the ducks of Waterloo park for eating my old bagels and not attacking me. Craig, Arthur and Greg for the new mice (they're sweet) and Caitlin for facilitating the early leaving. Turkey and Cobourg, here I come. I'm out! - BC

**Notes from the Chief:**  
Everyone did a great job - I cannot single anyone out this week and I want to be home by 2:30. Thanks to the drunks this week, mainly my esteemed roommates and Kelly! Greg for official Monday bar lunches, Ruben, Greg Smith for all the tech support today, Craig for Dave's number, Sunni for no last name, NFL, coors light (I really do like the taste), The Ontario, stupid students, my HUB staff, production crew, Angela for the croissant, Carly I hope your teeth fell better, Mikey and Meghan, Swiss Chalet, Steve for the Glory Days idea, Mike at Hamilton Web (don't worry, we didn't mind), Thanksgiving, Trent University's Editor-in-Chief, this big window and the heckling that I am getting right now for just doing my job, f-you too, Mum and Dad for a career-saving brunch, Music at Noon, Stefan for all the ice cream you've consumed, BR and mint chip, Arden (don't feel bad), Player of the Game, and everyone else I missed. I may complain but I love this. 7 down and lots to go. Hugs, CH



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# De-Lovely only worthy relative to megaplex crap

## De-Lovely



2.5 out of a possible 5 music notes

Actors: Kevin Kline, Ashley Judd

Synopsis: Musical bio-pic

**BRAD SKELTON**  
Staff Writer

With a lack of genuinely stimulating titles at the multiplexes right now, it might be a good time to take a look at what the Princess Cinema has brewing. One film playing this week has been getting a fair amount of critical attention and while the movies on the independent scene haven't been terribly satisfying lately, *De-Lovely* could provide

the diversion you're looking for.

Irwin Winkler's *De-Lovely* has already been savaged by some critics and overpraised by others, and I find that, as usual, I fall squarely in the middle. The film is not as terrible as some would have us believe, but unfortunately it is rather tame for a bio-pic about legendary gay songwriter Cole Porter (indeed, Winkler himself made a better film about Hollywood history with *Guilty by Suspicion*). The movie tries to chronicle so many of the major events in Porter's life that it cannot give more than mere lip-service to most of them.

The most important relationship in Porter's life was with his wife, Linda, whom he loved and who, in turn, knew Cole was a homosexual. At first she doesn't seem to mind Cole's sexual proclivities, but she later comes to

feel slighted since his work and philandering leave her on the sidelines much of the time.

As Cole and Linda, Kevin Kline and Ashley Judd are both very good, but the screenplay provides them with little more than a series of disconnected situations to inhabit: one moment Linda is suggesting that they move to America so Cole can work on Broadway, the very next moment (after an interlude set within a musical montage) she's unhappy because Cole's busy schedule doesn't allow time for a proper home life.

The entire film is also punctuated by the annoying framing device of an elderly Porter watching his life in flashback while the Archangel Gabriel (at least I think that's who it's intended to be) prepares a stage production based on these events. This narra-

tive device is lifted from Bob Fosse's autobiographical *All That Jazz* (1979), in which the protagonist envisions himself at the centre of an elaborate stage production during his dying moments. Even though Fosse's film is steeped in his own narcissism, it is a much better musical about theatre and is far more persuasive in its rendering of a famous personality.

*De-Lovely* does not possess the sort of psychological complexity that might have made it a more engrossing film, perhaps because the innumerable show tunes keep interrupting the story's natural flow. Porter's music is great, and there is a lot of it in this movie, but the rest of his life is given only the most superficial treatment.

This is a movie that might provide an interesting



Contributed Photo

It's a *De-Lovely* day so Cole Porter (Kevin Kline) and his wife Linda (Ashley Judd) go for a stroll

alternative to the boring non-events playing elsewhere. Though I can't quite recommend *De-Lovely*, those of you inclined toward musical bio-pics might enjoy it. Let's face it, pretty well anything at the Princess is likely to be better than noisy garbage like *Sky Captain*.



Ear Candy



## Sarah Slean



4 out of a possible 5 pianos

Title: Day One

Label: Warner Music Canada

Release Date: Sept. 28, 2004

Sarah Slean's latest release, *Day One*, is a carefully constructed and genuine record. It is very much a musical tapestry, combining several influences and genres in a diverse and detailed way. There is a definite duality within the actual record, one that is both delicate and powerful. Working in conjunction with this is the split between cleverly constructed pop songs and off-centre, hauntingly beautiful ballads. She definitely wears her musical

influences on her sleeve throughout, the most obvious being her attachment with Radiohead. However, she does so with such a tenderness and honesty, that you can almost manage to look past it.

In comparison to her other records, *Day One* has a fullness that compliments her classical and organic song-writing. While other records found her and the piano at the forefront of the songs, this record is very much a mini symphony in itself, combining sweeping orchestral backing and a full-band sound, with piano used only as a medium within several mediums. On top of this is her daring mix of old with new, the best example being the opera branch-out in "When Another Midnight." The melodies used are original and add colour throughout. The lyrics, while cryptic, are soft and beautiful. When she sings, "I am full of love and consequence" in the song "Vertigo," the emotion that works with it induces a form of understanding that goes above and beyond stating things outright.

The CD has an impeccable professionalism throughout, with everything balancing and sounding incredibly concise. Slean's voice is full of diction and can be both a whisper and an emotive,

passionate utterance, serving as icing on this truly flawless cake.

- Rachel Burns



## Arcade Fire



4.5 out of a possible 5 flames

Title: Funeral

Label: Merge Records

Release Date: Sept. 14, 2004

*Funeral* is almost beyond words. Its hyper-originality lies in its gorgeous melodies, intricately layered instruments, and most of all, its ability to switch between seemingly disparate genres mid-song without sounding choppy or unnatural.

The band is comprised of six members, including a violinist and the husband-wife team of Win Butler and Regine

Chassagne who share vocal duties, as well as playing at least three instruments between them.

Album opener "Neighbourhood #1 (Tunnels)" is stunningly beautiful. When Butler sings "If my parents are crying, I'll build a tunnel from my window to yours," it's hard not to be jealous of whoever he's singing to.

The song "Wake Up" is one of those songs that looks terrible on paper, but is, in reality, amazing. It starts as an uplifting gospel-ish type deal, and ends in a way that can only be described as "boppy." It shouldn't work at

all, but it most definitely does.

"In The Backseat," sung quietly by Chassagne, is a perfect, peaceful closer after the intensity of the preceding songs.

In trying to think of words that describe this album, "majestic," "regal" and "divine" all come to mind, but none of them are quite right.

That's the beauty of *Funeral* though. It's like nothing you've ever heard before. In a year of releases by some of my favourite musicians, these relative newcomers have my vote for Album of the Year.

-Carly Beath

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# Billy Talent impresses with live show

While opening acts Death From Above 1979 and Metric outstay their welcome, headliners Billy Talent pre-empt any potential Billy No Talent jokes

MIKE BROWN  
Staff Writer

When I attended Edgefest over the summer, Billy Talent was introduced as "the next big thing in rock music." I thought it was a bit much at the time, but their enormous commercial success has only grown since; the airwaves are being bombarded with their third single, "River Below."



Contributed Photo

Metric singer Emily Haines is also a member of Broken Social Scene.

All along, my personal experience of the band has been one of internal conflict. While I absolutely love the catchy guitar hooks and overall musical feel of the band, I find their lyrics can often be rather juvenile and teen-angsty. Thus, while I would include myself among the masses of Billy Talent fans, I can still empathize with those that find their music difficult to listen to.

However, having recently seen the young Streetsville quartet's October 4 performance at Club Denim in Guelph, my respect for the band has increased immensely. They combined a stage presence well beyond their years and the type of energy that only youth can harness to leave a sold-out crowd chanting in adulation.

The evening began rather slowly, as both opening bands played mediocre, drawn-out sets that left the crowd antsy for the headliners. Death From Above 1979, a heavy drum/guitar duo, lacked polish, while Metric, a much softer Toronto quartet, simply dragged their songs and set beyond the attention span of the audience.

However, that was all soon forgotten as Billy Talent took the stage and started into the recog-

nizable riff of "This Is How It Goes." They followed with "River Below" and quickly had the fans whipped into an energetic frenzy outdone only by the band themselves, particularly lead singer, Ben Kowalewicz.

They proceeded to play their debut self-titled album in its entirety, as well as one new song, in a set that showed polish not commonly found in such a young band. Throughout the night, I was impressed by the humility and extreme gratitude voiced by Kowalewicz, who obviously understands that the fans are his livelihood, and thus treats them with the according respect.

**My personal experience of the band has been one of internal conflict.**

Moreover, Kowalewicz surprised me with some intelligent political commentary about the upcoming American election, and had the crowd join in a collective "Fuck you!" to George W. before breaking into his writhing stage antics for "Voices Of Violence", a thinly veiled attack on the pro-war U.S. government.

Overall, the set showcased the



Contributed Photo

Canadian newcomers Billy Talent played Guelph on October 4th and will return for an encore show on October 7th.

band's on-stage intensity; Kowalewicz radiated emotion ranging from blood-curdling screams in "Line & Sinker" to his distinctive melodies in "Nothing To Lose". The set's completion was not to be the end, though.

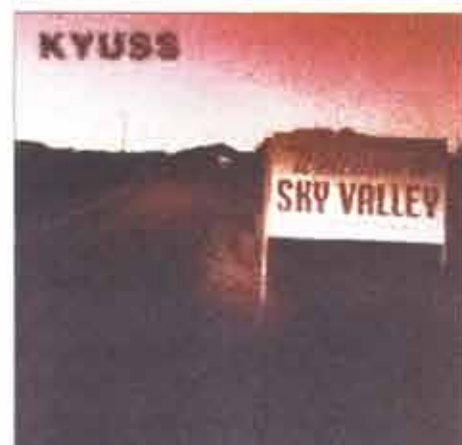
Returning to the cozy Club Denim stage for an encore, Billy Talent got the crowd jumping yet again with an extended version of their first hit single, "Try Honesty". During a lengthy musical interlude, Kowalewicz espoused the band's vision of

hope for the country's future and encouraged the young audience to do something about the "fucked up world we're about to inherit."

Finally, they finished an outstanding show with the aptly chosen, "Prisoners of Today". As the aggressive bridge, "This is our time!" rang throughout the intimate venue, there was no denying that 2004 is in fact, Billy Talent's time in the spotlight. Love 'em or hate 'em, their live act leaves nothing wanting.

## Stoner Rock 101: A blunt discussion ensues

Cord Entertainment presents the first of an occasional series offering an introduction to various genres of movies and music; this week - a breath of uh... fresh... air with stoner rock



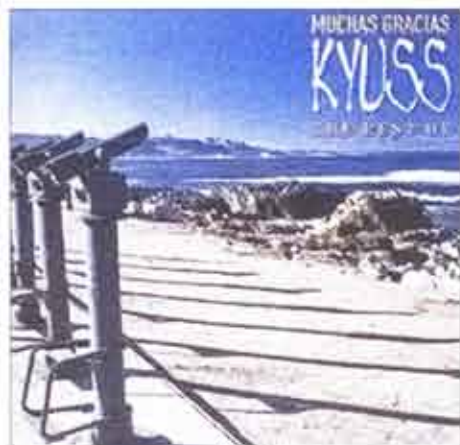
Kyuss albums Welcome to Sky Valley and Muchas Gracias, a "best of" album.

DAVE RICCI  
Cord Entertainment

Beneath the tiresome Half Baked jokes and empty bags of Chips-Ahoy lies a rich culture that has managed to create its own musical sound which is appropriately called stoner rock, or psychedelic rock.

Although stoner rock did not emerge as a genre until the early 90s, bands throughout the 70s such as Black Sabbath were laying the foundation for a style of music centred around infectious bass lines and pounding drums.

It was not until the rise of grunge that stoner rock found its calling through such bands as Soundgarden, Fu Manchu and Kyuss. The objective of these bands was to compose songs that were full of thick guitars and soaring vocals that pushed the limits of creativity. Although the



Contributed Photo

use of marijuana and drugs was common, pushing the limits and bingeing your way to death was not the sole purpose of being in a stoner rock band.

Marijuana users are generally fairly open to exploring new creative depths, and it was in this idea that the term stoner rock originated. Although the most notorious stoner bands were users, their desire and purpose was for creating enjoyable and funky music. The fact that these bands are unwilling to compromise their sound to fit into a mainstream mould is one thing that is so appealing about this genre.

At this moment you are either wanting to learn more about stoner rock or you have forgotten about the previous contents of this article. If you find yourself choosing the latter, chances are you are high or burnt out from a

little previous herbal enjoyment. Nonetheless, we shall continue this blunt discussion by taking a look at the defining stoner band, Kyuss. Although there are numerous other talented stoner bands, I strongly feel that Kyuss are the best of the bunch. Now that we all agree, let's continue.

Originally composed of John Garcia on vocals, Josh Homme on Guitar, Scott Reeder on bass and Alfredo Hernandez on drums, Kyuss made a name for themselves playing desert shows in their home town of California. Adapting their name from a Dungeons and Dragons character, Kyuss played their instruments out of bass guitar amps which created a new sound that experimented with deep textures and mesmerizing bass lines. With the release of their 1991 debut album *Wretch*, Kyuss single-handedly ushered in the era of stoner rock.

**Stoner music is about expanding - expanding ideas and expanding boundaries.**

Even though the band was signed to Elektra, they never tasted the fruits of commercial success. In 1994 and 1995, Kyuss managed to release two incredible albums, *Welcome to Sky Valley* and *And The Circus*

*Leaves Town*, which are in my opinion the Old and New Testament of stoner rock.

On these two releases are such Kyuss classics as "One Inch Man", "Hurricane Odyssey" and the must download, "Catamaran".

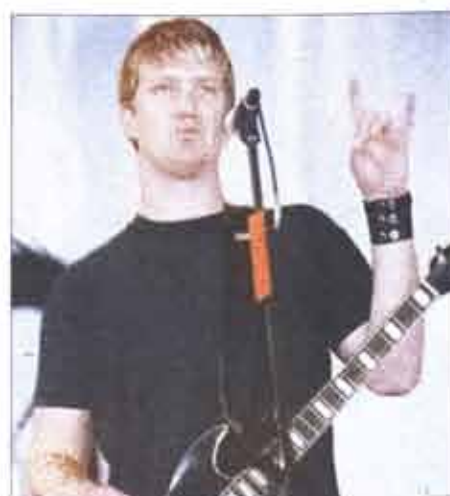
Unfortunately for Kyuss fans, they disbanded after a long feud between vocalist John Garcia and guitarist Josh Homme. The two vowed to never play together again and to this day they have not spoken. Fortunately for Josh Homme, he would continue the creative genius of Kyuss through his widely known band, Queens of The Stone Age. Garcia would go on to front multiple bands such as Unida that depended heavily on the Kyuss sound.

Within a decade, one of the defining stoner bands managed to create four great albums only to disband because of a feud. Fortunately for Kyuss, the full spectrum of their genius became even more respected years after they had broken up. To this day, there are legions of Kyuss fans who still hold the groove close to their hearts and slightly blackened lungs.

Even though many notable stoner bands have disbanded, except for pioneers Monster Magnet who are still rocking out to this day, the sound has progressed and is now a part of mainstream rock. The most obvious mainstream stoner rock-

influenced band that comes to mind is the aforementioned Queens of the Stone Age. Fronted by ex-Kyuss guitar player Homme, QOTSA have merged their stoner influence with a classic rock feeling which has furthered the legacy and reach of this genre. Bringing in such stoners as Dave Grohl to record their opus, *Songs For The Dead*, QOTSA have created some of the most fierce and mesmerizing music to date. Such songs as First It Giveth and The Sky is Falling have strong musical ties to Kyuss and other stoner bands. Although nowhere near as creative as Kyuss, QOTSA is a solid band that never fails to impress.

Like the brain of someone on marijuana, stoner music is about expanding - expanding ideas and expanding boundaries. This is the essence and idea of stoner rock. Sure, drugs are a part of it, but the true purpose of this genre is to pass the groove, and sometimes the joint, onto those who are open minded enough to listen.



Contributed Photo

Stoner rock god Josh Homme throws half-hearted devil horns.